

# Dances for January 26, 2026

## Ardbrae Dancers of Ottawa

Video: The Irish Rover

The Irish Rover

RSCDS 30 Popular Dances, Vol. 2

A 32-bar reel for three couples in a four-couple longwise set

1 – 8 1st couple dance down between 3rd couple, cast up one place on own side; 1st woman dances right hands across with 2nd couple while 1st man dances right hands across with 3rd couple. 2nd couple step up on bars 1 – 2.

9 – 12 1st couple dance half reels of four with first corners, then;

13 – 16 1st couple dance half reels of four with second corners. On bar 16, 1st couple turn left hand in centre ready to;

17 – 24 Pass left shoulders with person in first corner's position for two reels of three across the dance. 1st couple finish in second place on own side.

25 – 32 1st couple dance diagonal rights and lefts:

25 – 26 1st couple change places with person in their first corner's position (i.e. 1st woman right hand to 3rd woman and 1st man right hand to 2nd man).

27 – 28 Change left hand on sides; 1st woman with 2nd man, 1st man with 3rd woman. (First corners now back in original places).

29 – 30 1st woman changes places giving right hand 'to 3rd man (in 2nd woman's position), while 1st man changes places giving

right hand to 2nd woman (in 3rd man's position).

31 – 32 1st and 2nd women and 1st and 3rd men change places, giving left hands on own side of the dance.

Repeat having passed a couple.

Devised by James B. Cosh.

Original tune: The Irish Rover – Traditional.

Source: Twenty -Two Scottish Country Dances by James B. Cosh and Two Others.

On the fourth of July eighteen hundred and six  
We set sail from the sweet cove of Cork  
We were sailing away with a cargo of bricks  
For the grand city hall in New York  
'Twas a wonderful craft, she was rigged fore-and-aft  
And oh, how the wild winds drove her  
She'd stood several blasts, she had twenty-seven masts  
And we called her the Irish Rover.

The Irish Rover tune is from a traditional Irish folk song about a magnificent but improbable sailing ship that after seven years at sea eventually sinks, leaving a sole survivor: the song narrator!

---

No Video

### **Skating On The Rideau Canal**

Lindsay Clarke, Ardbrae Celebrates 60 Years

A 32 bar strathspey for 3 couples in a 3 couple longwise set

1 – 8 1st, 2nd and 3rd couples dance an Inveran reel, 1st couple crossing down to begin. 2nd couple finish facing out.

9 – 16 1st, 2nd and 3rd couples dance an inverted Inveran reel, 3rd couple crossing up to begin; 2nd couple dance out and down and 1st couple dance in and down.

17 – 20 All 3 couples dance “1/2 turn and twirl” to cross to the opposite side. (Giving partners right hand, all turn halfway to finish in the middle of the set facing each other, and pulling back right shoulders, dance on a curve out to the opposite sides.)

21 – 24 1st and 2nd couples chase clockwise 2 places while 3rd couple turn right hand 1  $\frac{1}{2}$  times. All finish on own sides in order 2,1,3

25 – 28 All 3 couples dance “1/2 turn and twirl” to cross to the opposite side.

29 – 32 1st and 3rd couples chase clockwise 2 places, while 2nd couple turn right hand 1  $\frac{1}{2}$  times, all finishing on own sides in order 2,3,1. 3rd woman dancing into 2nd woman's position finishes facing out.\*

Repeat from new places

\*At the end of the third and last repetition, woman dancing into 2nd place would face in for bow and curtsy.

Inspiration for dance: Skaters who glide effortlessly and smoothly, without stopping. Therefore all couples keep dancing throughout, hopefully reaching the required spot just in time to glide through without waiting for the music to prompt the next move. On a busy day, skaters would weave around each other, occasionally meeting up with a friend perhaps, for a brief hello.

---

## Dances for November 16, 2025

# Ottawa Sunday Workshop

Video: The Pika

## The Pika

32 bar Jig for 3 couples

Suggested Music: The Merry Dancers (RSCDS Book 4-2)

1 – 8 1st couple casts behind their own lines, meets below the third couple, dances up the middle to the top, and casts to second while couple 2 steps up.

9 – 12 Half diagonal mixed chain with first corners. 1st couple changes by the right hand to face their first corner positions while the first corners dance around to their right to second place. 1st couple turns first corners one half by the left hand. (This is similar to half of a ladies' chain but danced on the first diagonal.)

13 – 16 1st couple dances half a figure eight, the lady up and the man down, while the first corners dance counter clockwise to second place and change by the right hand to the opposite corner.

17 – 20 Half diagonal mixed chain with second corners. 1st couple changes by the left hand to face their second corner positions while second corners dance around to their left to second place. 1st couple turns second corners one half by the right hand. (This is similar to half of a men's chain but danced on the second diagonal.)

21 – 24 1st couple dances half a figure eight, the lady down and the man up, while the second corners dance clockwise to second place and change by the left hand to the opposite corner.

25 – 28 1st couple dances half diagonal rights and lefts with first corners, the lady up and the man down.

29 – 32 1st couple dances half diagonal rights and lefts with second corners, the lady up and the man down.

The dance repeats having progressed one place. Couple 1 ends the first time of the dance facing out to simplify the cast

behind their lines.

The dance was devised by Jeff Davis to be performed on the top of Pikes Peak where the SCD of Colorado set a high altitude record for Scottish country dancing. The author hoped that there might be enough other total idiots who would want to dance a jig as well as the planned strathspey at that elevation. Small and rabbit-like, the pika can be found scurrying through the rocks at high altitude gathering and storing the tundra grasses in little hay stacks for the coming winter.

© June 1995, Jeff Davis

---

No Video

### **SUSAN'S SOUVENIR**

32 bar strathspey for 3 couples in a 3-couple set

Devised by Tim Wilson draft August 20, 2011

1-8 1st and 2nd couples dance the Tournee.

9-16 1st woman with 2nd couple, and 1st man with 3rd couple dance right hands across; 1st woman with 3rd couple, and 1st man with 2nd couple dance left hands across ("teapots"). On bar 16, 1st couple pass left shoulders to face 1st corners.

17-24 1st couple set to corners and partner ("hello-goodbye"), on bars 23-24, 1st couple dance a petronella turn to second place own side.

25-32 1st and 3rd couples dance the Tourbillon.

Ends 312. New 1st and 2nd couples ready to begin.

Tune: McOwens' Farewell (Susan Worland)

Note: Susan Worland Bentley was moved to make recording in memory of her mother and good friends who have passed away.

The theme of the project was farewells and remembrance. The dance was written at Susan's request to accompany a 3x32 strathspey she was planning to record.

©2011 by Tim Wilson. All rights reserved. Permission is granted for verbatim reproduction and non-profit distribution of this leaflet, provided that this notice remains intact.

---

No Video

### **Captain Campbell's Hornpipe**

(alt. Black Pete's Reel)

Craig Williams, September 2025

1 – 8 1st couple, near hands joined, dance down the middle and up, dividing to dance behind 3rd couple into 2nd place. 2nd couple step up on bars 3 – 4.

9 – 10 2nd, 1st & 3rd couples set.

11 – 12 All corners petronella turn one corner position anticlockwise. 1st couple set advancing to finish back to back facing own side.

13 – 14 1st couple with 1st and 2nd corners set as in double triangles,

15 – 16 All corners petronella turn one corner position anticlockwise. 1st couple set moving round back to back to finish facing opposite sides.

17 – 20 1st couple with dancers in 1st corner position dance a diagonal 1/2 reels of 4. 1st couple pass right shoulders to face 2nd corner position

21 – 24 1st couple with dancers in 2nd corner position dance a diagonal 1/2 reels of 4. 1st couple finish in 2nd place on own sides.

25 – 32 2nd, 1st & 3rd couples circle 6 hands round and back.

Captain Peter “Black Pete” Campbell (1846-1915) – his thick dark beard and fierce looking earned him his nickname – was known for taking daring risks at sea and for pushing ships’ boilers and steam engines to their limits, and beyond. He was captain of the of the Manitoulin, a wooden steamer, when it was on a run from Killarney to Manitowaning, on May 18, 1882, and a fire broke out in the engine room. After running the ship ashore, he cut a large hole in the hull to allow water inside and extinguish the flames. The ship was rebuild and renamed Atlantic.

---

Video: The Flying Spur

### **The Flying Spur**

John Drewry, The Canadian Book  
for Jackie Johnstone of Dumfries  
the Johnstone Clan Crest bears a winged spur.

Jig – 3 couples – 32 bars

Tune – “Captain White” S.C.D. Music for Books 8-14, Winifred Bird Matthew, page 13.

Kerr’s 1st @ollection of Merry Melodies for the Violin, page 28.

1 – 4 1st couple, giving right hands in passing, cross over and cast off to second place on opposite sides. (2nd couple step up on Bars 3-4)

5 – 8 1st man dances up between 2nd couple and casts off to second place on his own side; 1st lady dances down between 3rd couple and casts up to second place on her own side; meanwhile 2nd and 3rd couples set, then, giving right hands to partners, cross over and stay facing out.

9 – 16 1st man dances & reel of three on the men’s side with 2nd and 3rd ladies; he begins by passing 3rd lady by the

right.

1st lady, similarly, dances a reel of three on the ladies' side with 2nd and 3rd men; she begins by passing 2nd man by the right.

At the end of the reels:

- 1st man dances down to finish in the centre of the dance in third place facing up
- 1st lady dances up to finish in the centre of the dance in top place facing down;
- 2nd couple dance out and down, while 3rd couple dance out and up to meet the other lady or man on the side lines (wrong sides) and join nearer hands.

17 – 20 1st couple set to one another, then turn petronella-wise into second place on wrong sides; 2nd and 3rd couples cross to own sides, the ladies passing under an arch made by the men, then 2nd couple dance out and up into top place, while 3rd couple dance out and down to third place.

21 – 24 2nd, 1st and 3rd couples turn partners by the right hand. 2nd and 3rd couples return to own sides to finish facing down and up the dance, while 1st couple finish in the centre of the dance, still on wrong sides, facing down.

25 – 32 1st couple dance down between third places, cast up to second place on wrong sides, they lead up between top places crossing over to own sides and cast off to second place. Meanwhile 2nd and 3rd couples dance rights and lefts beginning by changing places on the sides with right hands, and then crossing the dance giving left hands to partners.

Repeat, having passed a couple,



---

# Dances for October 27, 2025

## Ardbrae Dancers of Ottawa

Video: Bonnie Stronshiray

### **Bonnie Stronshiray**

Robert M. Campbell, Dancing Gems & Glasgow Assembly

32-bar strathspey for three couples in a four-couple longwise set

Music: Bonnie Stronshiray, READY...AND! – Bobby Brown & The Scottish Accent

1 – 8 1st and 2nd couples turn partner with both hands to finish in a line up and down the middle of the set, dance a half reel of four, then turn partner with both hands to finish on own sides, having changed places.

9 – 12 1st couple set to each other, advancing to pass left shoulders and turn first corners with both hands, ending with 1st woman between the 2nd couple facing down and 1st man between the 3rd couple facing up.

13 – 16 1st couple set to each other, advancing to pass left shoulders and turn second corner with both hands, ending with 1st couple between their corners.

17 – 20 2nd, 1st and 3rd couples cross giving a right hand; as 1st couple faces out and casts to their right, corners pull their right shoulder back to face each other diagonally to advance and retire, one step each way.

21 – 24 Repeat bars 17-20, crossing up and down the set, with

1st couple finishing facing their fourth corner position (the person they just cast around).

25 – 32 1st couple dance a half reel of four on the second corner diagonal (fourth corner position), dance round each other left shoulder and dance a half reel of four on the first corner diagonal (third corner position). On the last two bars, 1st couple turn with the right hand to finish in second place on own side.

Repeat, having passed a couple.

Dance Notes:

Stronshiray is the former name of the part of southwest Argyll from which Bob Campbell's family came. (ref Glasgow Assembly book). Although there is no mention of this place on maps anymore, there are some notes that there is a connection to the Campbell's STRONSHIRA HOUSE – a stone-built house on the edge of Loch Fyne that is available to rent and may reference Stronshiray.

---

No Video

### **Skating On The Rideau Canal**

Lindsay Clarke, Ardbrae Celebrates 60 Years

A 32 bar strathspey for 3 couples in a 3 couple longwise set

1–8 1st, 2nd and 3rd couples dance an Inveran reel, 1st couple crossing down to begin. 2nd couple finish facing out.

9 – 16 1st, 2nd and 3rd couples dance an inverted Inveran reel, 3rd couple crossing up to begin; 2nd couple dance out and down and 1st couple dance in and down.

17 – 20 All 3 couples dance “1/2 turn and twirl” to cross to the opposite side. (Giving partners

right hand, all turn halfway to finish in the middle of the set facing each other, and pulling back right shoulders, dance on a curve out to the opposite sides.)

21 – 24 1st and 2nd couples chase clockwise 2 places while 3rd couple turn right hand 1  $\frac{1}{2}$  times. All finish on own sides in order 2,1,3

25 – 28 All 3 couples dance “1/2 turn and twirl” to cross to the opposite side.

29 – 32 1st and 3rd couples chase clockwise 2 places, while 2nd couple turn right hand 1  $\frac{1}{2}$  times, all finishing on own sides in order 2,3,1. 3rd woman dancing into 2nd woman's position finishes facing out.\*

Repeat from new places

\*At the end of the third and last repetition, woman dancing into 2nd place would face in for bow and curtsy. Inspiration for dance: Skaters who glide effortlessly and smoothly, without stopping. Therefore all couples keep dancing throughout, hopefully reaching the required spot just in time to glide through without waiting for the music to prompt the next move. On a busy day, skaters would weave around each other, occasionally meeting up with a friend perhaps, for a brief hello.

---

Video: Come What May

### **Come What May**

Romaine Butterfield, RSCDS Book 51

32-bar jig for two couples in a four-couple longwise set

1 – 4 1st man and 2nd woman advance and retire.

5 – 8 1st man and 2nd woman dance back to back.

9 – 16 1st woman and 2nd man repeat bars 1-8.

17 – 20 1st couple, giving right hands, cross over and cast off one place. 2nd couple step up on bars 19-20.

21 – 24 2nd couple repeat bars 17-20. 1st couple step up on bars 23-24.

25 – 28 1st and 2nd couples, joining hands on the sides, advance and retire.

29 – 32 1st and 2nd couples dance half rights and lefts.

Repeat, having passed a couple.

Devised by Romaine Butterfield, New Zealand Branch, May 2010.

This dance was devised on 1st May 2010 – hence the choice of title.

---

## **Dances for July 30, 2025**

### **Ottawa Summer Class – Last Class**

Video: A TRIP TO CRINAN

#### **A TRIP TO CRINAN**

From Coast To Coast With Scotch Mist

32-bar jig for three couples in a four-couple longwise set

1-8 1st woman, followed by 2nd and 3rd women, dance across above 1st man, dance round 1st, 2nd and 3rd men, back to place.

9-16 3rd man, followed by 2nd and 1st men, dance round 3rd, 2nd, and 1st women, and dance down the middle of the set. On

bar 16, the women dance in and join right hands with their partner facing down.

17-24 3rd couple, followed by 2nd and 1st couple, lead down the middle and up, with 1st couple and 2nd couple remaining in the centre.

25-32 1st and 2nd couples dance the allemande.

Repeat, having passed a couple.

Devised by Andrew and Mairi Collins, Oakville. Crinan is a small village at the Atlantic end of the Crinan Canal in Argyllshire. The Crinan Canal was opened in 1801 as a shortcut for boats from Loch Fyne to the Sound of Jura. Crinan was a childhood playground of Mairi's, and we visit whenever we go over.

---

No Video

### **Ehlana's Strathspey**

32-bar Strathspey for 3 couples in a 3-couple set

1-4 1st couple dance in and cast off one place, 2nd couple stepping up on bars 3-4.

5-8 1st couple dance half figure of eight: 1st woman around 2nd man, 1st man around 3rd woman to end in 2nd place on opposite sides.

9-20 All three couples dance rights and lefts for three.

21-24 1st couple dance a half figure of eight: 1st woman around 3rd woman, 1st man around 2nd man.

25-32 1st and 3rd couples dance "The Rose" progression:

25-26 1st man and 3rd woman set to each other while 1st woman and 3rd man change places giving right hands to end facing out

27-28 1st man and 3rd woman half turn with both hands to face each other on the diagonal with hands joined while 1st woman dances up to 2nd man's place and 3rd man dances down to 3rd

woman's place.

29-30 1st man & 3rd woman cast to their right, dance out to opposite corner, while 1st woman & 3rd man half turn both hands to face each other on the diagonal with hands joined.

31-32 1st man & 3rd woman dance across to progressed positions on their own side while 1st woman & 3rd man cast to the right to finish on progressed positions on own sides (2 3 1)

Note: All movements in "The Rose" should be dances in as round a shape as possible

Devised by Ellen McRanor

Dedicated to my granddaughter Ehlana

Suggested Tune: The Birks of Invermay

---

Video: The Provost Wynd

### **The Provost Wynd**

RSCDS Second Book of Graded Scottish Country Dances

32-bar reel for three couples in a four-couple longwise set

1 – 8 1st, 2nd and 3rd couples dance reels of three on own sides. 1st and 2nd men and 1st and 2nd women pass by the right to begin.

9 – 12 1st man and 2nd woman, giving right hands, turn once round.

13 – 16 1st woman and 2nd man , giving left hands, turn once round.

17 – 24 1st couple, giving right hands, cross over and cast off two places and, giving left hands, cross over and cast up one place. 2nd couple step up on bars 19-20.

25 – 28 1st and 3rd couples dance right hands across.

29 – 32 1st and 2nd couples dance left hands across.

Repeat, having passed a couple.

Devised by Roy Goldring.

First published in 24 Graded and Social Dances by Roy Goldring.

©Doreen Goldring, printed with permission.

---

Video: The Left-Handed Fiddler

### **The Left-Handed Fiddler**

Howard Lasnik, A Tribute to Sally Dee

32 Bar Reel for 3 couples, devised by Howard Lasnik, 1997

Dedicated to Barbara McOwen, a right handed fiddler whose playing inspires so many dancers (and with thanks to Sally Dee for giving me so much encouragement).

1 – 4 1st couple turn by the left hand and cast into 2nd place (2nd couple stepping up on bars 3-4).

5 – 8 1st couple cross by the left hand and cast to the left, 1st man around 2nd woman and 1st woman around 3rd man, finishing in the center of the set, nearer hands joined, facing 2nd woman on the diagonal (as in The Montgomeries' Rant except the 1st woman is on the 1st man's right).

9 – 12 1st couple set to 2nd woman, change hands and set to 3rd man.

13 – 16 Set to 3rd woman, change hands and set to 2nd man. End facing 1st corners, 1st man having pulled back his left shoulder.

17 – 20 1st couple turn 1st corners by the left hand. 1st couple turn by the right hand to face 2nd corners.

21 – 24 1st couple turn 2nd corners by the left hand. 1st couple turn by the right hand to finish in 2nd place, own

side.

25 – 32 Couples 2, 1, and 3 dance six hands around to the left and back to the right.

Sally Dee Project Committee: Howard Lasnik – MaryEllen Scanell  
– Marcie Rowland – Tom Pixton

---

# Dances for July 9, 2025

## Ottawa Summer Class

No Video

### **Campbell Chute**

Craig Williams

A 32 bar Strathspey for 3 couples

1 – 4 2nd couple with 3rd woman & 1st man dance diagonal rights and lefts

5 – 8 2nd couple with 1st woman & 3rd man dance diagonal rights and lefts

9 – 16 2nd & 1st couples Helice,

1-2 2nd & 1st couple  $\frac{3}{4}$  turn partners right hand, to finish in promenade hold, top couple (2nd couple) facing men's side, bottom couple (1st couple) facing women's side, forming a line up and down the dance

3-4 2nd & 1st couple promenade  $\frac{1}{2}$  way round anticlockwise (not too close together)

5-6 2nd & 1st couple still in promenade hold, turn to finish in middle of set facing partners – 2nd couple below 1st couple, [top couple on own side (1st couple), bottom couple on



opposite side (2nd couple)

7-8 2nd & 1st couple pull back right shoulder and cast into sidelines, 1st couple facing out on own sides

17 – 24 1st & 3rd couples dance a double figure of eight. 1st couple casting up, 3rd couple crossing down to begin. 1st couple finishing facing out

25 – 28 1st couple cast to their right, woman down around 2nd man (in 3rd woman's place), 1st man up around 3rd woman (in 1st man's place) and pass giving right hands up/down the centre of the set to finish 1st man between 2nd couple facing 2nd woman, 1st woman between 3rd couple facing 3rd man

29 – 32 1st man with 2nd couple, 1st woman with 3rd couple, 1/2 right shoulder reel of 3 across the set. Finish in order 3, 1, 2 on own sides.

Originally named, Campbell Chute. after a local logger, it is now named Camel Chute. When surveyors arrived and asked residents the name of the place the local brogue was misheard as Camel

---

No Video

## **AUTUMN GOLD**

John Morris, Vallin Collection Five

8x32 bar Jig – a 3 couple dance in a 4 couple longwise set

1- 8 1s, 2s & 3s dance a normal diagonal rights & lefts for 3 couples

[ 2s change place RH with 1st corner & LH to "middle" couple, then RH to 4th corner & LH to "middle" couple own side ]

[ finish 3-2-1, with 2s (no polite turns) facing down-out, own side and 3s & 1s on opposite side ]

9 – 14 2s dance 3/4 figure of eight across by casting down behind 1s (bottom place)

[1s step up on bars 13-14]

[ finish 3-1-2, all now on opposite side ]

15 – 16 3s, 1s & 2s dance 1/2 RH turn to face up middle (W polite turn), ready for allemande

17 – 24 3s, 1s & 2s dance Allemande [finish 2-1-3 ]

[ on last bar, 2s start to cast out-down, anticipating turn with 1s ]

25 – 32 1s leading up (inside), turn 2s [ finish 2-1-3, with 1s facing in-down ]

then 1s leading down (inside) turn 3s,

[ 3s finish with polite turns in 3rd place to face 1st corner ]

[ finish 2-1-3-4, with 3s ready to start diagonal rights & lefts ]

Repeat, having passed a couple

at end of 2nd sequence, 1s & 4s turn 1 1/2 to finish 2-3-4-1, with new 3W (old 4W) ready to start diagonal rights & lefts

This dance is for those dancers (including my wife and I) who have been Scottish Country dancing for at least fifty years. We started dancing in the fifties, which was the time when people were becoming interested in this form of “exercise” with its social connotations. On reflection, this era was possibly the heyday of folk dancing, both English & Scottish. So here’s to these mature dancers ( “the golden oldies” ) who are now in the autumn of their lives, enjoying what they love the most – Scottish Country dancing and hopefully encouraging the newcomers, whether they be young or retired !.

recommended music: colin dewar – “the Vallin Suite four” – track 14

dance 5.11 devised by John Morris

---

No Video

### **Gadie Reel**

RSCDS Imperial Book of SCDs Vol. 1-3

32-bar reel for two couples in a four-couple longwise set

1 – 8 1st couple and 2nd woman dance a reel of three across the set. To begin, 1st man and 2nd woman pass by the left and 1st woman dances down the side.

9 – 16 1st couple and 2nd man dance a reel of three across the set. To begin, 1st woman and 2nd man pass by the right and 1st man dances down the side.

17 – 20 1st couple set and cast off one place. 2nd couple step up on bars 19-20.

21 – 24 2nd and 1st couples dance right hands across once round.

25 – 32 2nd and 1st couples dance rights and lefts.

Repeat, having passed a couple.

Devised by Edna Russell and Jack McConachie.

---

No Video

### **The Boky Hound**

Barry Priddy, Green Lady Book

Reel – 32 bar reel for 3 couples in a 4 couple longwise set

The Boky Hound was a spectre that-haunted Noltland Castle on Westray, Orkney. Its howling announced the death of a member of the Balfour family.

1 – 4 1C set and cast a place; 2C step up on 3-4.

5 – 6 2C, 1C & 3C join hands on the sides and set.

7 – 8 1C dance a petronella turn to finish 1M between 3C, 1W between 2C, facing own sides, while 2C and 3C turn right about on the spot with two pas de basque to finish facing clockwise.

9 – 12 All chase clockwise half round to finish in lines of three across facing up and down.

13 – 16 1C dance half diagonal rights and lefts up and down the dance with 1st corners – 1M gives RH to 2M – 1W gives RH to 3W – to begin. All finish facing counter-clockwise.

17 – 20 All chase counter-clockwise half round to finish in lines of three across facing up and down.

21 – 24 1C dance half diagonal lefts and rights up and down the dance with 2nd corners. 1M gives LH to 3M – 1W gives LH to 2W – to begin. They finish with hands joined in lines of three across.

25 – 28 All set, then 1C turn RH % round to 2nd place on opposite sides while 3C change places with 2C giving RH on the sides.

29 – 32 All set and cross giving RH to partner.

Repeat, having passed a couple.

---

## **Dances for April 7, 2025**

### **Ardbrae Dancer of Ottawa**

Video: The Cumbrae Reel

## **The Cumbrae Reel**

RSCDS Book 28

32 Bar Reel for 3 couples

1- 8 1s+2s dance  $\frac{1}{2}$  R&L, 2s cross RH while 1s dance up to top to form a line of 4 across facing up, 1s+2s set & turn right to face down

9-16 1s+2s dance down in line, turning right about dance back to top 1s ending back-to-back facing in the middle

17-24 1s+2s dance RSh reel of 4 across & 1s end facing 1st corners

25-32 1s turn 1st corners RH, turn partner LH, turn 2nd corners RH & turn partners LH to 2nd place own sides

Tac Notes:

5-6 2nd C cross Rh & 2nd W pulls RSh back to face up, as 1st C approach partner to take nearer hands & dance up.

Manual:

5-6 2nd C give RH in crossing, then 2nd W pulls back RSh to face up on bar 6

9-16 bar 12, all 4 dancers turn round by their right to face up

---

Video: Jean Martin of Aberdeen

## **Jean Martin of Aberdeen**

RSCDS Three Dances, 2006

(32-bar strathspey for three couples in a three-couple set)

1 – 4 1st couple turn with the right hand and cast off one place. 2nd couple step up on bars 3-4.

5 – 8 All three couples dance six hands round to the left, to finish in lines of three across the dance, women facing down,

men facing up.

9 – 12 All set and, giving right hand, change places with partner.

13 – 16 All three couples dance six hands round to the left, to finish in the centre of the dance facing up in the order 3, 1, 2.

17 – 24 3rd, 1st and 2nd couples dance an allemande to finish in the order 2, 1, 3.

25 – 28 1st man and 3rd woman, advancing, set to each other and turn three quarters with both hands. On bar 28, they release hands and turn right about to finish back to back in the centre, man facing down, woman facing up. At the same time 1st woman and 3rd man dance anticlockwise round 1st man and 3rd woman to finish facing partner in a line up and down the dance.

29 – 32 1st and 3rd couples set to partners and turn with both hands to finish on own sides in the order 2, 3, 1.

Repeat with a new top couple.

Note: The figure described in bars 25-32 was devised by the late Robert Campbell of Toronto and is sometimes referred to as a 'bourrel'.

Devised by: Muriel A Johnstone

Original Tune: Jean Martin of Aberdeen (Muriel A Johnstone)

For Jean Martin, Chairman of the Royal Scottish Country Dance Society, 2002-2004. The tune was an auction item at Pinewoods Scottish Week, 2004 when the successful bidders presented the tune to Jean.

---

# Dances for March 17, 2025

## Ardbrae Dancers of Ottawa

Video: Montréal Rendezvous

### Montréal Rendezvous

Montréal Moments

A 32 bar reel for 3 couples in a 4 couple longwise set

1 – 8 1st couple dances down the middle to 3rd place with nearer hands joined and turns the 3rd couple with outside hands (men with right hands, women with left) to finish in 2nd place (2nd couple steps up on bars 3 and 4). Dancing couple then crosses over passing right shoulders and turns the 2nd couple (1st man turns 2nd lady with left hand and 1st woman turns 2nd man with right hand) to meet at the top of the set with nearer hands joined.

9 – 16 1st couple dances down the middle to 3rd place, and turns the 3rd couple with outside hands (1st man turns 3rd woman with left hands and 1st woman turns 3rd man with right hands) to finish in second place. Dancing couple then crosses over passing right shoulders and turns the 2nd couple (men with right hands, women with left) to end in original places.

17 – 20 1st couple sets and casts into 2nd place on own sides. 2nd couple steps up on bars 19 and 20.

21 – 32 2nd, 1st and 3rd couples dance rights and lefts for three couples.

Repeat, having passed a couple.

Written by G. Dale Birdsall for the 50th Anniversary of the Montréal Branch.

Music: Monozygotic Phenomenon (Laura Risk)

---

Video: The Orchards of Co. Armagh

### **The Orchards of Co. Armagh**

Belfast Branch Platinum Anniversary Dances

RSCDS BELFAST BRANCH

32-bar strathspey for three couples in a three-couple longwise set

1 – 6 All three couples chase clockwise, in a rectangular shape, halfway round to finish on opposite sides and set.

7 – 8 3rd and 1st couples giving right hands turn three quarters to finish in a line up and down the middle, men facing down.

9 – 12 3rd and 1st couples dance a half reel of four, 1st man and 3rd woman pass by the left to face 2nd couple across the dance, 1st man facing 2nd man, and 3rd woman facing 2nd woman. 1st woman and 3rd man remain in the middle at the top and bottom of the set. Fig 1.

13 – 16 1st man and 3rd woman and 2nd couple dance a half reel of four across the dance, 1st man and 3rd woman pass by the left to face partners up and down the set. Fig 2.

17 – 20 1st and 3rd couples dance a half reel of four, 1st man and 3rd woman again passing by the left to face own partners.

21 – 24 3rd and 1st couples set and petronella turn to finish on own sides in the order 3, 2, 1.

25 – 28 2nd couple followed by 1st couple dance up to the top and cast off round 3rd couple to finish in third place, 1st



couple finish in second place.

29 – 32 All three couples giving both hands turn partners once round finishing in the order 3, 1, 2.

Repeat from new positions.

Devised by Jinty Anderson

The dance was inspired by the rows of orchards in Portadown.

---

# Dances for February 16, 2025

## Ottawa Workshop Session

Video: The Engine Room

### **The Engine Room**

The San Andreas Collection

32 bar reel for 3 couples in a 4-couple set

1 – 8 1st, 2nd and 3rd couples set and mirror reels of three on sides; on bar one, all join hands, on bar two, drop hands to face the direction to start the mirror reels, 1st couple in and down, 2nd couple out and up, 3rd couple in and up

9 – 16 1st couple back to back, cast off one place as 2nd couple step up, and cross with RIGHT hands to face out

17 – 20 1st couple dance around 1st corners, pull back RIGHT shoulders to end back to back, 1st woman facing up, 1st man facing down while: 1st corners dance back to back on the diagonal

21 – 24 1st, 2nd and 3rd couples dance half double triangles

up and down (corners set 4 bars)

25 – 28 1st couple dance around 2nd corners, pull back RIGHT shoulders to end back to back facing opposite sides while: 2nd corners dance back to back on the diagonal

29 – 32 1st, 2nd and 3rd couples dance half double triangles; 1st couple finish on own sides second place (corners set 4 bars)

Repeat having passed a couple

Note: On Bars 31-32 of the second repetition, 1st couple finish the half double triangles by dancing to the bottom of the set as 3 couple moves up with pas de basque

Devisor: Ron Wallace and Gary Thomas, 2007

Music: “The Engine Room” by Muriel Johnstone, To Dance To 1

This dance was written for Muriel Johnstone for the occasion of her 60” birthday, and presented to her at the Santa Rosa Class’s annual Beginners Ball.

---

No Video

### **The Slopes Of Hlidarendi**

Bob McMurtry, The Devil’s Quandry

32 bar Strathspey for 3 couple set – 2002

1 – 2 No hands joined, all three couples half set on the right foot and advance with left foot one step on the diagonal toward partner. (Fig. 1 & 2, page 45).

3 – 4 All retire diagonally, one step, with right foot and half set with left on the sides, to original places.

5 – 8 All couples turn once round with both hands.

9 – 12 With hands joined, all set and circle six hands round half way.

13 – 16 Men making an arch, dance back to own sides and set, while women dance under the arches passing right shoulders with partner to own side and set. First part of setting step is done facing out and then pulling back right shoulder to face in (Fig. 3, page 45).

17 – 24 All dance the Rosette\*\*

25 – 28 Dance a half right shoulder reel of three on the sides, 1st man pulling back right shoulder and passing same to begin, while 3rd woman do likewise (Fig. 4, page 45).

29 – 32 1st and 2nd couple set and link, ready to begin the dance from new positions.

Dance Notes: I have given the figure in the first 4 bars the name “Ha,” which is Icelandic for “what?”

On bar 15, men retain hands briefly, releasing on bar 16 as they pull back right shoulders. Women can take hands on bar 15, also releasing on bar 16. Bars 25-28 are reels as in Waverly.

Music: Hallgerd the Beautiful by Bob McMurtry

\*\* Rosette: All set at the sides. Turn partners half way by the right hand, facing partner, retaining hands briefly. Pulling back right shoulders, all dance clockwise back to own sides. Figure devised by John Drewry.

Note: A dance for Elizabeth and John of the Stanford Class, California. Elizabeth suggested the title from the Nja's Saga, when the hero Gunnar says, “Never have the slopes of Hlidarendi seemed so fair to me. I shall stay and not go into exile, come what may.” Hlidarendi is pronounced Hleether-endce.

---

Video: The Milngavie Maestro

### **The Milngavie Maestro**

The Diack Dances

Devised by Gary Coull

(Milngavie is pronounced Mil-gai)

32-bar jig for three couples in a four-couple longwise set

1 – 8 1st and 2nd couples set and dance right hands across once round. 1st couple cast to 2nd place as 2nd couple dance up to 1st place and face out.

9 – 16 2nd, 1st and 3rd couples dance reels of three on own sides of the dance, taking nearer hands where possible.

To begin: 2nd couple dance out and down;

1st couple dance in and down;

3rd couple dance out and up.

To finish: 2nd and 3rd couples curve into place and 3rd couple face out.

17 – 24 1st and 3rd couples dance a double figure of eight. To begin: 1st couple dance down, crossing over and 3rd couple dance up on the sides.

25 – 32 1st couple dance up between the 2nd couple and cast off to second place on own sides. 2nd, 1st and 3rd couples, giving right hands, turn once round.

Repeat, having passed a couple.

---

No Video

### **Silver Darlings**

Jean Attwod, Old Wick Castle & 3 more

Reel – 3 Couples – 32 Bars .

1 – 4 1st couple cross giving right hand and cast off 1 place, 2nd couple moving up.

5 – 8 Preparing the net – 1st man and 3rd lady turn once round with the left hand while 1st lady and 3rd man turn with the right, 3rd couple ending facing out.

9 – 16 The net – 1st couple dance “crossing” reel of three with 3rd and 2nd couples, who cast into the reel. (1st couple cross dancing down to 3rd place, cast up, cross dancing up to 2nd place and cast to finish in 2nd place on the wrong side facing up. 2nd and 3rd couples dance the reel on own side.

17 – 20 Hauling in the catch – 1st lady and 2nd man turn once round with the left hand, while 1st man and 2nd lady turn with the right.

21 – 24 1st couple dance half figure of eight round 2nd couple, ending in 2nd place on own side.

25 – 32 Boxing the fish – 1st and 3rd couples dance rights and lefts.

Repeat, having passed a couple.

“Silver darlings” was the nick-name the Scottish fishermen gave to the herring.

---

## **Dances for February 10, 2025**

### **Ardbrae Dancers of Ottawa**

No Video

## High Lonesome House

32 bar strathspey for 3 couples

Craig Williams, December 2024

1 – 8 1st couple dance down the middle, cross over below 3rd couple and cast up to 2nd place. 2nd couple stepping up on bars 3 – 4. 1st man & 3rd woman turn, with the left hand, 1st woman and 3rd man with the right hand, turn once round.

9 – 16 1st couple followed by 2nd couple dance a  $\frac{1}{2}$  figure of eight around 3rd couple. 1st couple dancing up to original places. 1st man & 2nd woman turn with the right hand once round, while 1st woman & 2nd man turn with the left hand once round.

17 – 24 1st & 2nd couple Helice,

1-2 1st & 2nd couple  $\frac{3}{4}$  turn partners right hand, to finish in promenade hold, top couple (1st couple) facing men's side, bottom couple (2nd couple) facing women's side, forming a line up and down the dance

3-4 1st & 2nd couple promenade  $\frac{1}{2}$  way round anticlockwise (not too close together)

5-6 1st & 2nd couple still in promenade hold, turn to finish in middle of set facing partners – 2nd couple above 1st couple, [top couple on own side (2nd couple), bottom couple on opposite side (1st couple)]

7-8 1st & 2nd couple pull back right shoulder and cast into sidelines, 1st couple facing out on opposite sides

25 – 32 Reels of 3 on the sidelines. 1st woman passing right shoulders with 2nd man to begin. 1st man passing right shoulders with 3rd woman to begin. on bar 28 1st couple  $\frac{1}{2}$  turn with the left hand to continue the reel on their own side

Back in 1884, William and Mary McWatty and their 7 children, settled on 200 acres near the town of Pakenham. They bought their first livestock: 4 cattle, 4 sheep, 2 horses and 1 hog, cleared 50 acres over the ensuing decades and built a working

homestead. The land was farmed and logged continuously until 1997 when it was purchased and donated to the Mississippi Madawaska Land Trust. The area is now called the High Lonesome Nature Reserve and is slowly being returned to it's natural state.

Note: The Helice figure is borrowed from the dance A Trip to Ottawa by Malcolm Brown

---

No Video

### **Mr Diack's Measure**

The Diack Dances

Devised by Linda Gaul

32-bar reel for three couples in a four-couple longwise set

1 – 8 1st couple dance a figure of eight round 2nd couple.

9 – 16 1st couple, followed by 2nd couple who dance up to begin, lead down the middle and up. 2nd couple finish at the top and 1st couple finish facing first corners.

17 – 20 1st couple set to first corners then second corners and, pulling back by the right, finish facing each other up and down with 1st woman between 3rd couple and 1st man between 2nd couple.

21 – 24 1st couple, giving right hands, turn one and three quarters to finish in second place on own sides.

25 – 32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

---

# Dances for November 24, 2024

## Ottawa Mini-workshop Session

**Warning: The dances for this session are subject to change depending on the nature of the class**

Video: Toshogu Shrine

### **Toshogu Shrine**

James Stott , In the Sunlight of Nikko and Kamakura

32 – bar jig for 3 couples in a 4 couple longwise set

1 – 8 1st couple turn by the right hand and cast off one place, dance down below the 3rd couple and cast up to finish in second place on own sides. 2nd couple step up on bars 3 and 4.

9 – 10 1st couple set advancing passing by the left shoulder to finish back to back in the middle woman facing up and man facing down.

11 – 16 2nd, 1st and 3rd couples dance crown triangles. Finish as follows: 1st man and 2nd woman in promenade hold, 1st man with 2nd woman on his left facing down, 1st woman and 3rd man in promenade hold, 1st woman with 3rd man on her left facing up. 2nd and 3rd couples set for eight bars.

17 – 20 In promenade hold, 1st man with 2nd woman and 1st woman with 3rd man dance for two steps, in the inside of the set. They pass by the right then guide the 2nd woman and 3rd man into the diagonally opposite corner positions. 1st couple dance on two steps, 1st woman picking up 3rd woman and 1st man picking up 2nd man in promenade hold while 2nd woman and 3rd



man dance on for two steps into the opposite corners.

21 – 24 1st woman with 3rd woman and 1st man with 2nd man in promenade hold, in the inside of the set, pass by the right for two steps then guide their partners into the diagonally opposite corner positions. 3rd woman and 2nd man dance on for two steps into the diagonally opposite corners while 1st couple pass by the right to finish in 2nd place on own side. The dancers are now in the following positions: 3rd couple in 1st place and 2nd couple in 3rd place on opposite sides, 1st couple on own sides in second place.

25 – 28 3rd and 2nd couples turn once round by the right hand and finish facing out. 1st couple set and cross over giving right hands.

29 – 32 All three couples chase clockwise half-way round to finish: 2, 1, 3

Repeat the dance from the new positions.

---

No Video

### **Walking the Dogs**

Ron Wallace and Gary Thomas, Give it a Whirl

32 bar reel for three couples in a three-couple longwise set

1 – 8 1st couple, giving RIGHT hands, half turn, moving down one place. 2nd couple steps up on bars 1-2. 1st couple, giving RIGHT hands, half turn, moving down below 3rd couple, facing out. 1st couple cast up around the 3rd couple to 2nd place on own side, turn by the RIGHT hand three-quarters to face up the middle. 1st woman followed by 1st man.

9 – 12 Half dolphin reel across the set, RIGHT shoulder to 2nd woman, 1st man takes the lead on bar 10. Finish with 1st couple in the middle back to back, 1st woman having turned right about.

13 1st couple join hands as for double triangles and all set onto RIGHT foot.

14 Releasing hands, all pas de basque onto LEFT foot, 1st couple moving to their RIGHT one quarter, remaining back to back. While: 2nd and 3rd couples set turning to face up and down.

15 All join hands as for crown triangles and set onto RIGHT foot.

16 Releasing hands, all set onto LEFT foot. 1st woman remains facing down as 1st man turns right about.

17 – 20 1st couple repeat bars 9-12 above with 3rd couple giving a RIGHT shoulder to 3rd man. 1st man takes the lead on bar 18. Finish with 1st couple in the middle back to back, 1st woman having turned right about.

21 – 24 As bars 13-16 above. 1st couple turn right about to face their first corners, who are in their partner's first corner position.

25 – 32 1st couple half reel of 4 with first corners. 1st couple pass right shoulders in the middle to dance a half reel of 4 with second corners. 3 1 2

Repeat from new positions.

Deviser: Ron Wallace and Gary Thomas

Music: Walking the Dogs, Muriel Johnstone

For dear friend, Emily Evans, whose generosity and friendship helped pave our way into California and sustain us for many years! Dedicated to all who spend hours and hours in that loftiest of pursuits, walking the dog!

---

No Video

**Norcan Crossing**

Craig Williams, leaflet

A 64 bar Strathspey + 64 bar Reel Medley in a square set

### **Strathspey – Heading out**

1 – 8 All Circle round and back

9 – 12 1st & 3rd couple chase counter-clockwise one position and into the middle. 1st couple below 4th woman, 3rd couple above 2nd woman

13 – 16 1st & 3rd couples, left hands across 1  $\frac{1}{4}$  round

17 – 20 1st couple with 2nd couple, 3rd couple with 4th couple, right hands across once round

21 – 24 1st & 3rd couples dance left shoulders around each other to finish in 1st couple in 3rd place and 3rd couple in 1st place.

25 – 28 2nd & 4th couple chase counter-clockwise one position and into the middle. 2nd couple pass 3rd woman (in 1st woman's place) by the left, 4th couple pass 1st woman (in 3rd woman's place) by the left.

29 – 32 2nd & 4th couples, left hands across 1  $\frac{1}{4}$  round

33 – 36 2nd couple with 1st couple (in 3rd couple's place), 4th couple with 3rd couple (in 1st couple's place), right hands across once round

37 – 40 2nd & 4th couple dance around each other by the left shoulder to finish 2nd couple in 4th place and 4th couple in 2nd place.

41 – 56 All dance Schehallion Reels. Women finish by dancing to take left hands across, giving right hands with partners.

57 – 60 All Highland schottische balance in line

61 – 64 All turn 1  $\frac{1}{4}$  with the right hand to finish on the sides.

### **Reel – The Return Trip**

1 – 16 All dance Schehallion Reels. Women finish back to back in the middle facing partners on the sides.

17 – 20 All Set & Spring Point

21 – 24 All turn by the right hand  $1\frac{1}{4}$  (4 bars) to finish on the sides. (Alternatively, birl with your partner)

25 – 28 1st & 3rd couple chase clockwise one position and into the middle. 1st couple above 2nd man (in 4th man's place), 3rd couple below 4th man (in 2nd man's place)

29 – 32 1st & 3rd couples, right hands across  $1\frac{1}{4}$  round

33 – 36 1st couple with 4th couple, 3rd couple with 2nd couple, left hands across once round

37 – 40 1st & 3rd couples dance right shoulders around each other to finish in original places.

41 – 44 2nd & 4th couple chase clockwise one position and into the middle. 2nd couple pass 1st man by the right, 4th couple pass 3rd man by the right.

45 – 48 2nd & 4th couples, right hands across  $1\frac{1}{4}$  round

49 – 52 2nd couple with 3rd couple, 4th couple with 1st couple, left hands across once round

53 – 54 2nd & 4th couple dance around each other by the right shoulder to finish in original places.

57 – 64 All circle round and back

---

No Video

### **The Publisher**

The Diack Dances

Devised by William Williamson

32-bar strathspey for three couples in a three-couple longwise set

1 – 4 1st and 2nd couples set and link.

5 – 8 2nd, 1st and 3rd couples set; 1st couple, giving right

hands, cross to the opposite side and stay facing out.

9 – 16 2nd, 1st and 3rd couples dance reels of three on the sides (8 bars ). 1st couple pass first corners by the right to begin. On bars 15 – 16 giving left hand, 1st couple pass to face first corner.

17 – 24 1st couple dance corner pass and turn with first corners, the corners turn giving both hands, 1st couple pass by the right to face second corners. 1st couple dance corner pass and turn with second corners, the corners turn giving both hands, 1st couple pass by the right to finish in second place on own sides.

25 – 28 1st and 3rd couples set and link.

29 – 32 2nd, 3rd and 1st couples, giving both hands, turn once round.

Repeat from new positions.

---

No Video

### **The Milngavie Maestro**

The Diack Dances

Devised by Gary Coull

(Milngavie is pronounced Mil-gai)

32-bar jig for three couples in a four-couple longwise set

1 – 8 1st and 2nd couples set and dance right hands across once round. 1st couple cast to 2nd place as 2nd couple dance up to 1st place and face out.

9 – 16 2nd, 1st and 3rd couples dance reels of three on own sides of the dance, taking nearer hands where possible. To begin: 2nd couple dance out and down; 1st couple dance in and down; 3rd couple dance out and up. To finish: 2nd and 3rd

couples curve into place and 3rd couple face out.

17 – 24 1st and 3rd couples dance a double figure of eight. To begin: 1st couple dance down, crossing over and 3rd couple dance up on the sides.

25 – 32 1st couple dance up between the 2nd couple and cast off to second place on own sides. 2nd, 1st and 3rd couples, giving right hands, turn once round.

Repeat, having passed a couple.

---

No Video

### **Mr Diack's Measure**

The Diack Dances

Devised by Linda Gaul

32-bar reel for three couples in a four-couple longwise set

1 – 8 1st couple dance a figure of eight round 2nd couple.

9 – 16 1st couple, followed by 2nd couple who dance up to begin, lead down the middle and up. 2nd couple finish at the top and 1st couple finish facing first corners.

17 – 20 1st couple set to first corners then second corners and, pulling back by the right, finish facing each other up and down with 1st woman between 3rd couple and 1st man between 2nd couple.

21 – 24 1st couple, giving right hands, turn one and three quarters to finish in second place on own sides.

25 – 32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.