Dances for March 3, 2025

Ardbrae Dancers of Ottawa

No Video

The Archivist

Emily Porter, Ardbrae Celebrates 60 Years
A 32 bar strathspey for 3 couples in a 4-couple set

- 1-8 1st, 2nd, and 3nd couples dance 3-couple set and rotate as follows: All three couples set and cast to finish in lines of 3 across the dance, men facing down, women up. All change places right hands with the dancer opposite. All chase clockwise one place on to finish on the sidelines in order 3,2,1 with 1st man facing out.
- 9 12 1st man casts up behind the men's line and down in front of 3rd man to finish in 2nd place facing out and down, while 1st woman dances up the middle and casts off around 3rd woman to finish in 2nd place facing in and down. 2nd couple step down on bars 11—12. Dancers in order 3,1,2
- 13 16 1st couple dance a half reel of three on the sides, giving a left shoulder to 2nd couple to begin. Dancers dance straight into place 1st man and 3rd woman pull back a right shoulder at the end of the reel to face in, 2nd woman pulls back a left shoulder. Dancers in order 2,1,3
- 17-20 Starting from the sidelines and passing each other by the right shoulder to begin, 1st couple dance corners pass and turn with their 1st corners, the corners turn giving both hands. 1st couple pass each other by the right shoulder to face their 2nd corners.
- 21 24 1st couple dance corners pass and turn with their 2nd corners, the corners turn giving both hands. 1st couple pass

each other by the right shoulder to 2nd place on their own sides.

25 - 32 2nd and 1st couples dance a poussette right round. Finish in order 2,1,3

Repeat having passed a couple

At the end of second repetition for each dancing couple, the following alternate ending may be danced:

31-32 2nd couple finish the poussette as normal. 1st couple finish bar 31 in the centre facing down with nearer hands joined. On bar 32, 1st couple down to 4th place. 3rd couple dance up the sidelines (2 bars) to finish ready to begin the 3-couple set and rotate with a new top couple.

Suggested music: The Quaich (Many Happy Returns — Hanneke Cassel and Dave Wiesler)

In memory of Elaine Hoag, an archivist both professionally, with Library and Archives Canada, and in her dancing life with the Ardbrae Dancers of Ottawa. With our mutual love of the strathspey poussette and covering opportunities, it's the kind of strathspey we would have enjoyed dancing together.

Video: Round Reel of Eight

Round Reel of Eight

RSCDS Book 27

88-bar reel for four couples in a square set

- $1\,-\,8\,$ All four women pull back by the right and dance clockwise round the outside of the set back to original places.
- 9-16 All four men pull back by the left and dance anticlockwise round the outside of the set back to original places.

- 17-32 All four couples dance a grand chain halfway in six steps, set to partner then continue the grand chain to original places in six steps and set to partner.
- 33 35 1st and 3rd couples change places. 1st couple, giving nearer hands, dance between 3rd couple.
- 36 38 3rd and 1st couples change places. 3rd couple, giving nearer hands, dance between 1st couple.
- 39 40 1st and 3rd couples, giving right hands, turn into allemande hold.
- 41 48 1st and 3rd couples dance anticlockwise round the inside of the set to original places.
- 49 64 2nd and 4th couples repeat bars 33-48. On bars 49-51, 2nd couple dance between 4th couple and on bars 52-54, 4th couple dance between 2nd couple.
- 65 68 1st and 3rd couples dance half rights and lefts.
- 69 72 2nd and 4th couples dance half rights and lefts.
- 73 76 1st and 3rd couples dance half rights and lefts.
- 77 80 2nd and 4th couples dance half rights and lefts.
- 81 88 All four couples dance eight hands round and back.

Original tune: Mrs Anderson's Reel (Robert Mackintosh, A 3rd Book of 68 New Strathspey Reels, 1796).

Dances for April 8, 2024

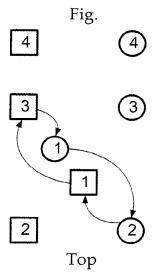
Video: Best Set in the Hall

Best Set in the Hall

RSCDS Book 46

32-bar jig for three couples in a four-couple longwise set

- 1-8 1st couple set and 1st woman, followed by her partner, casts off two places, crosses over below 3rd couple, casts up and dances in to face first corner. 1st man dances up the middle of the set to face his first corner. 2nd couple step up on bars 7-8.
- 9 12 1st couple and first corners set and, 1st couple, pulling back by the right, dance around each other and out to finish in partner's first corner position. At the same time, first corners dance in towards each other and, pulling back by the right, finish back to back in the middle facing own places. (Fig.)
- 13 16 1st couple and first corners set and first corners, pulling back by the right, dance around each other and out to finish in opposite corner's position. At the same time, 1st couple dance towards each other and, pulling back by the right, finish back to back in the middle facing second corners.
- 17-24 1st couple repeat bars 9-16 with second corners and pass each other by the right to finish in second place on opposite sides. 3rd, 1st and 2nd couples face clockwise.
- 25 28 3rd, 1st and 2nd couples dance clockwise halfway round the set.
- 29 32 2nd, 1st and 3rd couples, giving right hands, turn once round.



For Campbell Mackay of Auckland who, when counting lines, encourages dancers to make up numbers by joining the 'best set in the hall'.

Devised by Helen Greenwood, Auckland, New Zealand.

Note: the movement in bars 9-24 was devised by the late Alec Hay.

Notes Compiled by teachers, Summer School , St Andrews 2010 15-16 1st couple turn on the spot.

TACNotes:1-8 1st woman dances straight in on bar 8 to face 1st corner.

Video: The Piper and the Penguin

The Piper and the Penguin

The Scotia Suite of Scottish Country Dances devised by Roy Goldring

(Reel for Four Couples in a Square Set)

- 1-4 The women dance round their corners, passing in front of them to begin.
- 5-8 The women dance right hands across and remain in the centre.

- 9-12 The women dance round their partners, passing in front of them to begin.
- 13 16 The women dance left hands across and finish in original places.
- 17-32 The men repeat bars 1-16, but dance in front of partners before dancing right hands across, and in front of their corners before dancing left hands across.
- 33-36 1st and 3rd couples, giving right hands, turn partners one and a quarter times.
- 37 40 1st man, followed by his partner, dances between 4th couple and cast back to place. Similarly, 3rd couple dance between 2nd couple and cast back to place.
- 41 48 1st and 3rd couple dance rights and lefts.
- 49 64 2nd and 4th couples repeat bars 33-48, 2nd couple dancing between 1st couple and 4th couple dancing between 3rd couple.
- 65 72 The women dance in and pull back right shoulders (2 bars), dance out (2 bars), and cast clockwise half way round the set to opposite woman's place.
- 73 80 The men repeat bars 65-72, but pull back left shoulders at the end of bar 74, and cast anticlockwise.
- 81 84 All turn partners with the right hand, just over once round, to finish in promenade hold facing anticlockwise.
- 85 88 All promenade halfway round the set. On bar 87, all release right hands and the men lead their partners to original places ready for the bow and curtsey.

Dances for December 12, 2022 - Ardbrae Christmas Social

Video: The Bramble Circle

The Bramble Circle

Let's All Dance 32/R or J/single circle by Elinor M. Vandegrift

All face the center of the circle. Men have their partner on their right.

- 1 8 All circle round and back
- 9 12 All advance (2 steps) and retire (2 steps).
- 13 16 Repeat bars 9-12. Finish facing partner.
- 17-20 Turn partner right hand once round and finish facing the dancer behind (woman face the man who was originally on her right and man face the woman who was originally on his left).
- 21-24 Turn the new partner left hand 1 1/4 times, finishing in promenade hold facing counterclockwise, women on the right of their new partner.
- 25 32 Promenade, finishing in single circle ready to repeat the dance.

Repeat with new couples.

Music: Any good reel or jig 4 times through

Note: Audience participation or 1st night dance. "Written in honour of Seattle's Bramble Band members who give generously of their time to play for many 'audience participation' events." E.M.V.

Video: A Wee Nothin'

A Wee Nothin'

32 Bar jig for 2 couples

 $1\,-\,8\,$ 1st and 2nd couples dance Right Hands across and Left Hands back to place.

9 — 14 1st Lady followed by the 2nd Lady dance across the top of the set, behind the men's line, 1st Lady dances below the 2nd man, and 2nd Lady dances between the two men, and across to their own side, both pull LEFT shoulders back.

15-16 1st and 2nd ladies join hands and Set. (Men do not set back)

17-22 1st Man followed by the 2nd Man dance across the top of the set, behind the ladies' line, 1st Man dances below the 2nd lady's position, 2nd Man dances between the two ladies, and across to their own side, both pull RIGHT shoulders back.

23 — 24 1st and 2nd Men join hands and Set. (Ladies do not set back)

25 - 32 2nd and 1st couples dance Rights and Lefts.

Devised by Elaine Brunken as a wee warm up dance. Note: Please include the polite turns at the end of Rights and Lefts, prior to entry to the wheels.

Suggested tune: Miss Hannah of Elgin

Video: The Birks of Invermay

The Birks of Invermay

Book 16 - No. 2

32-bar strathspey for three couples in a four-couple longwise set

 $1\,-\,4\,$ 1st man and 2nd woman, giving both hands, turn once round.

- 5-8 1st woman and 2nd man, giving both hands, turn once round to places. On bar 8, 1st, 2nd and 3rd couples dance into the middle of the set to join both hands and face up.
- 9 16 1st, 2nd and 3rd couples dance a promenade.
- 17 24 1st couple, giving right hands, cross over and cast off one place, lead up between 2nd couple, cross over to own sides and cast off one place. 2nd couple step up on bars 23-24.
- 25 32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

Skillern's compleat Collection of Two Hundred & four Reels and Country Dances c. 1789 as Birks of Endermay.

Original tune: The Birks of Invermay (Surenne)

Video: Flowers of Edinburgh

Flowers of Edinburgh

RSCDS Book 1 - No. 6

32-bar reel for three couples in a four-couple longwise set

- 1-6 1st woman casts off two places, crosses to the opposite side and dances up behind 2nd and 3rd men to her partner's original place. 1st man follows his partner, crossing over and dancing behind 2nd and 3rd women, and up the middle to his partner's original place.
- 7 8 1st couple set to each other.
- 9-14 1st couple repeat bars 1-6, with 1st man casting off and 1st woman following. 1st couple finish in original places.
- 15 16 1st couple set to each other.
- 17 24 1st couple lead down the middle and up to finish

facing each other in the middle of the set with both hands joined. 2nd couple step in.

25 - 32 1st and 2nd couples dance a poussette.

Repeat, having passed a couple.

Kate Hughes' Dancing Book (MS), Dundalk 1867.
Original tune: Flowers of Edinburgh (Traditional)

Video: The Braes of Tulliemet

The Braes of Tulliemet

RSCDS Book 7 - No. 12

32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st couple set and cast off one place on own sides. 2nd couple step up on bars 3-4.
- 5-8 1st couple, giving right hands, cross over and cast off to third place on opposite sides. 3rd couple step up on bars 7-8.
- 9-12 3rd and 1st couples dance four hands once round to the left.
- 13 16 1st couple dance up to the top and cast off one place to face first corners. 3rd couple step down on bars 15-16.
- 17-24 1st couple set to and turn corners and finish facing first corners.
- 25 30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass first corners by the left to begin.
- 31 32 1st couple, giving right hands, cross to second place on own sides.

A Perthshire dance. Collected in the Borders.

Original tune:

The Braes of Tulliemet (Miss Stewart's Collection, 1761).

TACNotes:'

9-12 Finish on sidelines.

Video: The Highland Rambler

The Highland Rambler

Roy Goldring, Leeds Branch, Silver Jubilee. (a 40 bar reel for 3 couples)

- 1-4 1st couple dance towards each other then cast to 2nd place; 2nd couple steps up.
- 5 8 1st and 3rd couples dance Right Hands Across once around; 1st lady remains facing out.
- 9 12 1st and 2nd couples dance Left Hands Across once around; 1st lady remains facing out.
- 13 16 1st lady followed by her partner casts up around 2nd lady and dances down the middle to finish 1st lady between 3rd couple and 1st man between 2nd couple; all facing down.
- 17 24 In lines of three, all dance down the set, turn (pulling back right shoulders) and dance up again; 1st couple remains facing up.
- 25 28 1st man followed by his partner casts off one place on the ladies' side and dances across the set to 2nd place on his own side; 1st lady finishes on her own side.
- 29 32 1st couple turns by the Right Hand.
- 33 40 2nd, 1st and 3rd couples dance Six Hands Round and back.

Video: The Findlay's Jig

The Findlay's Jig

14 Social Dances for 2000, devised by Roy Goldring 32 bar jig for 3 couples

1-8 1st couple lead down the middle and back finishing at the top in the centre.2nd and 3rd couples step in on bar 8.

 $9 - 16 \ 3$ couple allemande.

17 - 20 1st couple dance in, face down and cast up to the top. 3rd and 2nd couples step down on 19-20.

21 - 24 2nd couple repeat bars 17-20. 1st and 3rd couples step down on bars 23-24.

25 - 32 6 hands round and back.

Repeat having passed a couple

For Faustina and Ian Findlay

Tune: The Groom's Jig by Ian Findlay

Video: The Piper and the Penguin

The Piper and the Penguin

The Scotia Suite of Scottish Country Dances devised by Roy Goldring

(Reel for Four Couples in a Square Set)

 $1\,-\,4$ The women dance round their corners, passing in front of them to begin.

5-8 The women dance right hands across and remain in the centre.

9-12 The women dance round their partners, passing in front of them to begin.

13 - 16 The women dance left hands across and finish in

original places.

- 17-32 The men repeat bars 1-16, but dance in front of partners before dancing right hands across, and in front of their corners before dancing left hands across.
- 33 36 1st and 3rd couples, giving right hands, turn partners one and a quarter times.
- 37 40 1st man, followed by his partner, dances between 4th couple and cast back to place. Similarly, 3rd couple dance between 2nd couple and cast back to place.
- 41 48 1st and 3rd couple dance rights and lefts.
- 49 64 2nd and 4th couples repeat bars 33-48, 2nd couple dancing between 1st couple and 4th couple dancing between 3rd couple.
- 65-72 The women dance in and pull back right shoulders (2 bars), dance out (2 bars), and cast clockwise half way round the set to opposite woman's place.
- 73 80 The men repeat bars 65-72, but pull back left shoulders at the end of bar 74, and cast anticlockwise.
- 81 84 All turn partners with the right hand, just over once round, to finish in promenade hold facing anticlockwise.
- 85 88 All promenade halfway round the set. On bar 87, all release right hands and the men lead their partners to original places ready for the bow and curtsey.

Video: MacDONALD OF THE ISLES

MacDONALD OF THE ISLES

The Second Carnforth Collection of Scottish Country Dances devised by Derek Haynes.

Strathspey for three-couple sets

1 - 8 2nd couple dance a diagonal reel of four with first

corners. On bar 8 2nd couple dance left shoulder around each other to face second corners, ready to dance into a —

9-16 Diagonal reel of four with second corners. All finish on the side lines with 1st woman and 3rd man looping round by their right on bar 16.

HORSESHOE CHAIN aka PICK-UP or SNOWBALL CHAIN

- 17 18 1st couple cross over giving right hands.
- 19 20 1st and 2nd couples change places giving left hands.
- 21 22 2nd couple cross over while 1st and 3rd couples change places on the sides, all giving right hands.
- 23 24 2nd and 3rd couples change places on the sides as 1st couple cross to own sides, all giving left hands.
- 25 28 3rd and 2nd couples dance half rights and lefts.
- 29 32 Half figures of eight: 3rd woman crosses down then casts up around 1st woman and 3rd man crosses up then cast off round 2nd man.

Repeat from new places.

Tune: The Smith's a Gallant Fireman. Recorded on Alastair Hunter's Lorne Choice, DACD 9716 and also on Deirdre Adamson's Come Scottish Country Dancing, DACD 9614.

First published on a Glendarroch S.C.D. Sheet in 1966.

Video: The Deil amang the Tailors

The Deil amang the Tailors

RSCDS Book 14 - No. 7

32-bar reel for three couples in a four-couple longwise set

1-4 1st and 2nd couples set to partners and dance right hands across halfway round.

- 5-8 2nd and 1st couples set to partners and dance left hands across halfway round to original places.
- 9-16 1st couple lead down the middle and up to finish in the middle of the set facing up. 2nd couple step in.
- 17 24 1st and 2nd couples dance an allemande.
- 25 32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

Dale's Collection of Reels and Dances c. 1799. Original tune: The Deil amang the Tailors (Gow)

Dances for December 5, 2022

Video: The Machine Without Horses

The Machine Without Horses

Book 12 - No. 12

- 32-bar jig for three couples in a four-couple longwise set
- 1-4 1st couple set and cast off one place. 2nd couple step up on bars 3-4.
- 5 8 1st and 3rd couples dance right hands across once round.
- 9-12 1st couple set and cast up one place. 2nd couple step down on bars 11-12.
- 13 16 1st and 2nd couples dance left hands across once round.
- 17 24 1st couple, followed by 2nd couple who dance up the

sides to begin, dance down between 3rd couple cast up round them, dance up to the top, and cast off into second place, while 2nd couple dance up into top place.

25 - 32 1st and 2nd couples dance rights and lefts.

Repeat, having passed a couple.

John Rutherford: Twelve Selected Country Dances…for the year 1772.

Original tune: The Machine Without Horses (Rutherford, 1772).

Video: The Birks of Invermay

The Birks of Invermay

RSCDS Book 16 - No. 2

32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st man and 2nd woman, giving both hands, turn once round.
- 5-8 1st woman and 2nd man, giving both hands, turn once round to places. On bar 8, 1st, 2nd and 3rd couples dance into the middle of the set to join both hands and face up.
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