## Dances for December 2, 2019

Video: The Munro Rant
The Munro Rant
Miss Milligan's Miscellany of Scottish Country Dances
32-bar strathspey for two couples in a four-couple longwise set

1 - 8 1st couple cast off one place and, giving right hands, cross and cast up to partner's place.

9 - 16 1st and 2 nd couples dance rights and lefts.
17 - 24 1st man with 2nd woman followed by 2nd man with 1st woman lead down the middle. They turn to face up and, as the 1st and $2 n d$ women dance up, the $2 n d$ man casts off to join 2nd woman and lst man dances up to join lst woman. Both couples dance up to original places.

25 - 32 1st and 2nd couples dance a tournée.
Repeat, having passed a couple.
Customary tune: John Munro Sturrock (Muriel A. Johnstone)

The Manual of Scottish Country Dancing:
1-8 Careful phrasing required (acknowledge partner on bar 1). Crossing is with RH.
17-24 On bar 17, 2nd man dances up \& in to meet lst woman. Both cpls turn inward to face up on bar 20,
then 2nd man casts off to meet partner while 1st man dances up to join his partner, ready to lead up

No Video

## The Flitting of Lorn

Jean Attwod - Alexander Dances Book 8
Reel - 4 Couples - 32 Bars.

1 - 4 1st and 4 th couples set and cast, 2 nd couple moving up and 3 rd couple moving down.

5 - 8 1st man dances right shoulder round $2 n d$ lady and faces down on ladies' side, while 4th lady dances similarly round 3rd man and faces up on men's side. AT THE SAME TIME 1st lady and 4 th man dance across the set, cast to the right and face each other up and down, 1st lady between 2nd couple and 4th man between 3rd couple.

9 - 16 1st man dances reel of three with $2 n d$ and 3 rd ladies, while 4th lady dances reel of three with 2 nd and $3 r d$ men, passing LEFT shoulders to begin. AT THE SAME TIME 1st lady and 4th man set and cross with the right hand, then repeat, ending with 1st lady facing 2nd lady, 4th man facing 3rd man.

17 - 24 1st lady and 4 th man dance reels of three across, passing by-the right to begin, WHILE 1st man and 4th lady set and cross with the right, then set and TURN $3 / 4$ WITH THE RIGHT.

25 - 28 1st lady, followed by 4th lady, dances up and round 2nd lady to 3rd and 2nd places respectively, while 4th man, followed by 1st man, dances round $3 r d$ man to $2 n d$ and $3 r d$ places respectively.

29-32 All four couples turn once round with the right hand.
Repeat with a new top couple.
When the lands of Lorn fell to Clan Campbell, the inhabitants left in great numbers. The event became known as "The Great Flitting of Lorn".

