

# September 27 class

Welcome new dancers to the Ardbrae introductory class.

The class will run from 7:30-9:30 at the Glashan Public School, 28 Arlington Avenue. Use the entrance in the south east corner of the school.

Tonight we will cover the following dances

## **The "Atholl" Reel**

A 32 bar reel for 2 couples

John Trew, LAD

1-4 1st man and 2nd woman advance toward each other (2 steps) and retire (2 steps).

5-8 1st woman and 2nd man advance toward each other (2 steps) and retire (2 steps).

9-16 1st and 2nd couples dance clockwise round in a square formation (2 bars to each side)

17-24 1st couple followed by 2nd couple lead down the middle and 2nd couple lead up to finish 2nd couple in 1st place and 1st couple in 2nd place

25-32 2nd and 1st couples dance rights and lefts

## **The Glen**

(32 J 2C), Susie Langdon Kass, Let's All Dance,

1 – 8 1C & 2C dance RH across & LH across back to place

9 – 16 1C & 2C turn partners RH then LH

17 – 24 1C lead down middle & up to 2nd place (2C step up on 17-18)

25 – 32 2C & 1C dance 4-H round and back.

## **ANTARCTICA BOUND**

(J4x32) 4C Set R Goldring Scotia Suite

1- 8 1s+2s cross RH, cast down 2 places, cross RH & cast up to places

9-16 3s+4s cross RH, cast up 2 places, cross RH & cast back to places

17-24 1s+4s Adv+Ret (diagonally), 1s cast bottom as others step up

25-32 All circle 8H round & back

Hope to see you out tonight

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# Welcome to the Ardbrae Basic Class

I would like to welcome people to try the Scottish Country Dancing with the Ardbrae Dancers of Ottawa [www.ardbrae.org](http://www.ardbrae.org)

This blog will be used to post information on what will be covered in the class. I will also try to post links to resources online.

Happy Dancing