

Dances for November 29, 2010

This is the last class before Christmas. We are hoping to review as many dances for the Christmas social as possible. It should all be review.

Keep in mind that the class location is at the Churchill Recreation Center

Here are the dances for tonight:

Sister Blanche of St. Andrews

32 bar Jig for 3 couples

1-8 1st couple dance a figure of eight on the sides around 2nd & 3rd couples. 1st couple begins by dancing in and down.

9-16 1st, 2nd and 3rd couples dance back to back and turn once around with the right hand

17-24 1st couple lead down the middle and up. 1st couple stay together and 2nd couple step in ready for a poussette.

25-32 1st & 2nd couple dance the poussette.
Repeat having passed a couple

The poussette:

Bar 1: out to the side,

Bar 2: quarter turn,

Bar 3: progress up or down

Bar 4: quarter turn,

Bar 5: move into the middle

Bar 6: half turn

bars 7 & 8: retire to the side lines

The Reel of the Royal Scots

RSCDS Leaflets (Reel)

MUSIC

DESCRIPTION

Bars

1 – 2 1st and 2nd women turn with the left hand, while 1st and 2nd men turn with the right hand, 1st couple finishing back to back in the centre of the set in second place.

3 – 4 2nd, 1st and 3rd couples set as in double triangles.

5 – 6 1st and 3rd women turn with the right hand, while 1st and 3rd men turn with the left hand to change places.

7 – 8 2nd, 3rd and 1st couples set as in double triangles.

9 – 16 1st couple followed by 3rd couple, dance up between the 2nd couple and cast off, then dance down to third place and cast up to second place, 3rd couple finishing in original places. (1st and 3rd couples join nearer hands with partner on every occasion when dancing up or down in the centre). (Fig.).

17 – 24 1st couple turn first corners with right hands. 1st couple pass each other by the right shoulder.
1st couple turn second corners with right hands. 1st couple passing right shoulders cross to second place on own sides.

25 – 32 2nd, 1st and 3rd couples six hands round and back.

Repeat, having passed a couple.

Devised by Roy Goldring to celebrate the 350th Anniversary of The Royal Scots (The Royal Regiment) in 1983.

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TACNotes:'

17-24 Corners dance for 4 bars.

25-32 On bar 32, cpls dance straight into places.

Seann Truibhas Willichan

32 bar Strathspey for 2 couples

RSCDS book 27

Bars

Description

1 – 8 First couple cast off behind their own lines, then cast up to original places.

9 – 12 First woman and second man set and change places giving right hands, while first man and second woman change places giving right hands and set.

13 – 16 Repeat bars 9–12 back to original places.

17 – 24 First couple lead down the middle (2 steps), turn with right hands lead up to the top and cast off to second place. Second couple step up on bars 23–24.

25 – 28 Second and first couples set on the sides, then turn partner with both hands once round, opening up to form a circle.

29 – 32 Second and first couples 4 hands round to the left. Repeat having passed a couple

Thomas Wilson's Companion to the Ballroom.

Tune: My Dearie

James Johnstone, 1771

THE PIPER AND THE PENGUIN

The Scotia Suite of Scottish Country Dances devised by Roy Goldring

(Reel for Four Couples in a Square Set)

Bars	Description
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1 – 4	The women dance round their corners, passing in front of them to begin.
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5 – 8	The women dance right hands across and remain in the centre.
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9 – 12	The women dance round their partners, passing in front of them to begin.
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13 – 16	The women dance left hands across and finish in
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original places.

17 – 32 The men repeat bars 1–16, but dance in front of partners before dancing right hands across, and in front of their corners before dancing left hands across.

33 – 36 1st and 3rd couples, giving right hands, turn partners one and a quarter times.

37 – 40 1st man, followed by his partner, dances between 4th couple and cast back to place. Similarly, 3rd couple dance between 2nd couple and cast back to place.

41 – 48 1st and 3rd couple dance rights and lefts.

49 – 64 2nd and 4th couples repeat bars 33–48, 2nd couple dancing between 1st couple and 4th couple dancing between 3rd couple.

65 – 72 The women dance in and pull back right shoulders (2 bars), dance out (2 bars), and cast clockwise half way round the set to opposite woman's place.

73 – 80 The men repeat bars 65–72, but pull back left shoulders at the end of bar 74, and cast anticlockwise.

81 – 84 All turn partners with the right hand, just over once round, to finish in promenade hold facing anticlockwise.

85 – 88 All promenade halfway round the set. On bar 87, all release right hands and the men lead their partners to original places ready for the bow and curtsy.