Dances for December 1, 2014

KEEP IT GOING

32-bar jig for three couples in a four-couple longwise set by Deborah Connors

1-8 1st couple lead down the middle and up, finishing in the middle as 2nd couple step in ready for...

9-16 1st and 2nd couples dance a poussette.

17-24 2nd, 1st and 3rd couples set and link twice to finish in order 3, 1, 2, all on opposite sides.

25—28 All dance clockwise halfway round the set to finish on own sides in the order 2, 1, 3.

29-32 All turn once round with the right hand back to place.

Repeat, having passed a couple.

Suitable recorded music:

Lassies of Dunse by Bobby Brown and the Scottish Accent, Ready...And!, track 6.

ARDBRAE FRIENDSHIPS

32-bar strathspey for four couples in a longwise set by Gary MacLean

1—4 1st and 2nd couples set and link.

5—12 2nd, 1st and 3rd couples dance reels of three on the sides, 1st couple passing 3rd couple by the left to begin. 1st couple finish back to back in the middle, woman facing up and man facing down.

13—16 1st man with 3rd couple and 1st woman with 2nd couple dance three hands once round to the left. 1st couple finish in second place on own sides.

- 17-20 1st and 4th couples set and dance a petronella turn into the middle to finish in a line up and down the dance, men facing up and women facing down.
- 21-24 1st and 4th couples dance a half reel of four.
- 25—28 1st and 4th couples dance a petronella turn to finish on own sides.
- 29-32 4th couple and 3rd couple (middle couples) set and link.

Finishing order is 2, 3, 4, 1. Repeat from new positions.

Trip to Timber Ridge

32R, 3C (4C Set)

- L. Henderson, The Heart of San Francisco
- 1-4 1st couple turn with the right hand and cast off one place, as 2nd couple steps up on bars 3 anad 4
- 5-8 1st woman with 2nd couple, ad 1st man with 3rd couple, dance right hands across. 1St couple finish facing 1st corners.
- 9-16 1st couple dance corner pass and turn with 1st corners. 1St couple pass right shoulder and dance corner pass and dance corner pass and turn with 2nd corners. 1St couple end by dancing towards each other, pulling back right shoulder to finish back to back in the center of the dance facing opposite sides.
- 17-24 2nd, 1st and 3rd couples dance double triangles; on bars 23-24, 1st couple, with two pas de basques, dance out to 2nd place on their own sides, and pull back right shoulder to face in.
- 25-32 2nd, 1st and 3rd couples dance six hands round and

back.