

# Dances for October 30, 2023

No Video

## Ardbrae Angels

A 32-bar reel for 3 couples in a 4 couple longwise set

Elaine Hoag

Suggested music: Thistle House Live, Track #13 ("The King's Rant")

1-8 1s+2s+3s dance Mirror Reels of 3 (1s dance in and down to begin)

9-16 1s+2s+3s dance a Crossover Reel of 3 (1s cross over to 2nd place opposite side to begin; 2s and 3s continue to reel on their own side). 1s finish the reel facing their own 1st corner while 2s accelerate at the end of the reel to finish at the top

17-24 "Interrupted Hello-Goodbye Setting" (1s finish in 2nd place own side)

17-18 1s+1st corners set, 1s finishing between corners facing partner

19-20 1s turn each other  $\frac{3}{4}$  RH to face 2nd corner

21-22 1s+2nd corners set, 1W finishing between 3s, 1M between 2s 23-24 1s turn each other  $\frac{3}{4}$  RH to 2nd place own side

25-32 Six hands round and back

After the 2nd repetition, dancing couple steps to the bottom as 4th couple dances in and up to begin the Mirror Reel of 3

\*\* In the dance world, "angels" are individuals who are especially active in supporting dance groups and encouraging new dancers.

First danced at Ardbrae's Spring Social on March 29th, 2020. Dedicated to all of Ardbrae's "dance angels," but especially

to Deborah Connors and Guy Quesnel who have cheerfully supported the Ardbrae Scottish Country Dancers of Ottawa in countless ways for many years, and who celebrate birthdays on March 28th and 29th respectively.

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Video: Up in the Air

### **Up in the Air**

RSCDS Book 20 – No. 2

32-bar strathspey for three couples in a four-couple longwise set

1 – 8 1st couple cast off, dance down behind own lines and cast up to original places. On bar 8, 1st , 2nd and 3rd couples dance in to meet partners and face up.

9 – 16 1st, 2nd and 3rd couples dance a promenade. On bars 15-16, 1st couple cast off one place to finish facing first corners while 2nd couple dance up to first place.

17 – 20 1st couple set to first corners and then to second corners, finishing between them.

21 – 24 2nd, 1st and 3rd couples dance six hands once round to the left.

25 – 28 2nd, 1st and 3rd couples advance and retire.

29 – 32 2nd, 1st and 3rd couples, giving both hands, turn partners to own sides, 1st couple turning one and a half times.

Repeat, having passed a couple.

W Boag: A Collection of Favourite Reels & Strathspeys by the Most Eminent Composers, 1797.

Original tune: Sir George Clark of Pennycuik (Nathaniel Gow)

The Manual of Scottish Country Dancing:

Bar 20 1st couple, pulling back right shoulder, turn between corners ready to begin the circle.

TACNotes:'

8 All 3 cpls dance into position for promenade (2nd & 3rd cpls, L foot).

20 1st cpl use last setting step to turn R about into sidelines.

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## Dances for October 23, 2023

Video: The Shetland Shepherdess

### **The Shetland Shepherdess**

The San Andreas Collection by Ron Wallace

32 bar Jig for 3 couples in a 4 couple set

1 – 4 1st couple dance down between 2nd couple and cast up to original place

5 – 8 1st couple half figure of 8 down around 2nd couple

9 – 16 2nd, 1st and 3rd couple cross-over mirror reels of three on the sides, 1st couple cross to 2nd place on own side to begin, 2nd couple out and up and 3rd couple in and up; 2nd couple ends facing out

17 – 18 1st and 2nd women half turn by the LEFT hand while 1st and 2nd men half turn by the RIGHT hand

19 – 20 1st and 3rd women turn by the RIGHT hand while 1st and 3rd men turn by the LEFT hand, 1st couple ends in the middle facing up, and 3rd couple ends back in 3rd place (for 1st couple the turn is  $\frac{3}{4}$  but for the 3rd couple the turn is once round)

21 – 24 1st couple dance up the middle to the top of the set

and cast to 2nd place own side

25 – 32 2nd, 1st and 3rd couples advance and retire, all clap (last beat of Bar 28), and all turn partner by the RIGHT hand once round.

Music: “The Shetland Shepherdess” by Ron Wallace

This title was inspired by a trip to Oslo, Norway, to teach SCD where I met Caroline Nicol, a Shetland shepherdess shepherding in Norway! The dance and music are dedicated to Susan Hagen, my hostess, and all the fine folk in the Oslo SCD Group.

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Video: Huntly Castle

### **Huntly Castle**

John Drewery, The Canadian Book of Scottish Country Dances  
Strathspey – 3 couples – 32 bars,

Huntly Castle, now a ruin, was formerly the seat of the Earls, later the Marquises of Huntly – the chiefs of Clan Gordon.

Tune – “My Only Jo and Dearie O’ Gow’s Repository , 3rd Part, Pace 12, This is the tune to which Bum!s song “I goed a waeful gait yestreen” is usually set,

1 – 6 1st and 2nd couples set on the sides, then circle to the left once round to finish with 1st couple in top place, with nearer hands still joined, facing down. and 2nd couple in second place facing up.

7 – 8 1st and 2nd couples set,

9 – 16 1st and 2nd couples dance a Rondel to change places, 1st couple finish in second place facing out.

17 – 24 Reels of three on the sides. To begin: – 1st couple dance out and down; 3rd couple, joining nearer hands, dance in

and up; 2nd couple, joining nearer hands, dance in and down. All join inside hands with partners where possible in the reels. At the end: – 2nd couple dance in to join nearer hands facing down; 1st couple dance to second place on own sides; 3rd couple dance in to join nearer hands facing up.

25 – 26 2nd, 1st and 3rd couples set,

27 – 30 Six hands round to the left. On Bar 30, all dance into the centre, pulling right shoulders back to face out.

31 – 32 All spiral out clockwise (in a chase) to own sides,

Repeat, having passed a couple,

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Video: Ferla Mor

### **FERLA MOR or THE BIG GREY MAN**

THE DEESIDE BOOK OF SCOTTISH COUNTRY DANCES, Part 1, by JOHN DREWRY

The Ferla Mor (a corruption of the Gaelic “Am Fear Liath Mor”) or the Big Grey Man, is reputed to haunt the upper part of Ben Macdhui. Travellers usually encounter him when alone and in misty conditions – they become aware of his presence by a feeling that someone is following them.

In this dance, the first man becomes the Ferla Mor as he follows his partner during the reels – Bars 9 – 24.

Reel : 3 couples : 32 bars

Tune : “Lochiel House” by Angus Fitchet, The Angus Fitchet S.D. Collection page 2 (Mozart Allan)

1 – 8 1st couple set to one another , then turn by the right hand half-way round moving down to face one another across the centre of the dance in second place; they set again then turn by the right hand once round to finish with 1st lady facing

her first corner, and with 1st man immediately behind her facing in the same direction. (2nd couple step up on Bars 3 – 4)

9 – 16 1st couple dance a reel of three diagonally across the dance with their first corners. They begin by passing 2nd man by the right, and 1st man follows his partner as closely as convenient. 1st lady, with her partner still behind her, finishes the reel facing her second corner.

17 – 24 1st couple, with 1st man still following his partner, dance a reel of three with their second corners, passing 3rd man by the right. On the last two steps, as she dances down the centre of the dance, 1st lady pulls her left shoulder back to face her partner and they turn by the left hand to face own first corners.

25 – 28 1st couple turn first corners by the right hand, then pass by the right to face second corners. (The corners dance four steps)

29 – 32 1st couple turn second corners by the right hand, then pass by the right to second place on own sides.

Repeat, having passed a couple.

Video: Postie's Jig

### **Postie's Jig**

A 32-bar jig for four couples in a four-couple longwise set

1 – 2 1st and 4th couples set.

3 – 4 1st couple cast off one place while 4th couple cast up one place. 2nd couple step up to top place while 3rd couple step down to fourth place.

5 – 8 1st couple dance a half figure of eight round 2nd couple while 4th couple dance a half figure eight round 3rd couple.

9 – 12 1st man with 4th man and 1st woman with 4th woman, take nearer hands and cross to the opposite side of the set, the men making an arch for the women to dance under. Give free hand to corner person and turn (i.e. 1st man to 2nd man and 1st woman to 2nd woman etc). Corners finish in places, while 1st couple meet and join nearer hands to face down and 4th couple meet and join nearer hands to face up.

13 – 16 1st couple and 4th couple, with nearer hands joined, change places up and down, the 4th couple making an arch for the 1st couple to dance under. Give free hand to corner person and turn (i.e. 1st man to 3rd man and 1st woman to 3rd woman etc.). Corners finish in places, while 1st and 4th men meet and join nearer hands on own side and 1st and 4th women meet and join hands on own side.

17 – 24 Repeat the pattern of crossing and turning as in bars 9 – 12 and 13 – 16. When changing places across the set the men always make the arch and when changing up and down the set the couple dancing up always make the arch. Finish in the order 2, 1, 4, 3 with the 1st and 4th couples on the opposite side.

25 – 28 1st and 4th couples dance half rights and lefts.

29 – 32 1st and 4th couples turn by the right hand once round to finish in the order 2,4, 1, 3.

Repeat from new positions.

Devised by Roy Clowes.

Original tune: Lassie Come and Dance with Me by Neil Grant.

Source: Ormskirk Scottish Dances Book 5.

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# Dances for October 16, 2023

Video: Bedrule

Bedrule

RSCDS Book XXXIII – No. 7  
(Strathspey)

1–8 1st and 2nd women, and at the same time 1st and 2nd men, turn once round with both hands, opening out on the side lines and continuing into four hands round to the left and then 1st and 2nd couples turn partners once round to finish in the middle of the set, ready for promenade. On bar 8, 3rd couple dance in and take promenade hold.

9–16 1st, 2nd and 3rd couples promenade. On bars 15 – 16, 1st couple cast off to second place, while 2nd couple dance up to first place and 3rd couple return to original place.

17–20 1st and 3rd couples dance right hands across, finishing on the sidelines.

21–24 1st and 2nd couples dance left hands across, 1st couple finishing in second place facing down.

25–32 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple begin the reels by giving right shoulder to 3rd couple, and at the end they face down ready to repeat the dance.

Repeat, having passed a couple.

Devised by Betty Grant, Toronto, Ontario, 1984, in memory of her great, great grandmother Elizabeth Turnbull Dickson who left her home, Bedrule, near Jedburgh, in 1834 to emigrate to Canada.

The Manual of Scottish Country Dancing:

Bar 20 1st woman dances into second place on her own side



pulling her right shoulder back, to prepare for left hands across.

Bar 24 1st woman dances straight out to second place on her own side, to give right shoulder to 3rd woman as she enters the reels of three.

TACNotes:'

1-8 1st & 2nd cpls stay in the middle at end of bar 6, & flow into the 2H turns.

17-20 On bar 20, 1st woman turns R about into sidelines & faces up ready for LH across.

21-24 On bar 24, 1st woman dances into 2nd place, facing down, to enter reel with 3rd woman.

25-32 1st cpl finish facing down, 3rd cpl facing up, ready for bar 1 of repetition.

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Video: Beach Dancer

### **Beach Dancer**

A 32 bar Jig for 3 couples in a 4 couple longwise set  
For Margaret Blackhall, a teacher at Kamo Club who lives on the coast at Ngunguru.  
Devised by Eddy West 2003.

1-4 First couple set and cross giving right hand.

5-8 First couple set to second couple and change places on the side giving left hands  
(men remain facing out).

9-16 Second and first couples dance a ladies chain, first man finishes facing out.

First couple must continue into the next figure without hesitation.

17-20 First man casts down round third lady and crosses to third place, own side then casts up behind third man to second

place, first lady follows to own side third place then dances up the middle to second place on own side.

21-24 First and second ladies, and at the same time first and second men, turn giving left hands.

25-32 Second, first and third couples dance reels of three on the sides, first couple passing third couple right shoulder to start.

Repeat having passed a couple

Suggested recorded music "Over the Pond II" – Sound Company CD "On Track".

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Video: The Reel of the 51st Division

### **The Reel of the 51st Division**

RSCDS Book 13 – No. 10

32-bar reel for three couples in a four-couple longwise set

1 – 8 1st couple set to each other and cast off two places, meet below 3rd couple and lead up the middle to face first corners. 2nd couple step up on bars 3-4.

9 – 12 1st couple set to and turn first corners with the right hand, finishing in a diagonal line by joining left hands with partner.

13 – 14 1st couple and first corners balance in line.

15 – 16 1st couple, releasing right hands with corners, turn each other one and a quarter times to face second corners.

17 – 22 1st couple repeat bars 9-14 with second corners.

23 – 24 1st couple cross to second place on own sides.

25 – 32 2nd, 1st and 3rd couples dance six hands round and

back.

Repeat, having passed a couple.

Devised by Jimmy Atkinson, Argyll and Sutherland Highlanders, and Peter Oliver, Seaforth Highlanders (London Scottish), with advice from Tom Harris-Hunter, Royal Army Service Corps while all were interned in the Prisoner of War camp at Laufen in Germany.

Original tune: The Drunken Piper or Highland Rory  
Alex. McLeod, c. 1880

The original instructions in the form of notes, written by Tom Harris-Hunter on a scruffy piece of paper when he was a prisoner of war, clearly show that the dance was intended for a five couple set as it is still danced in Perthshire.

TACNotes:'

1-8 Set (no stealing) bars 1-2, cast bars 3-5, dance in to meet on bar 6, lead up on bar 7 to face corners on bar 8.