

Dances for November 17, 2025

Ardbrae Dancers of Ottawa

Video: The White Heather Jig

The White Heather Jig

James B. Cosh, RSCDS 30 Popular Dances, Vol. 2

A 40-bar jig for four couples in a four-couple longwise set

1 – 4 1st couple turn with right hand and cast off to second place. 2nd couple step up on bars 3 – 4.

5 – 8 1st couple turn with left hand one and a half times and finish back to back between 2nd couple, 1st woman facing 2nd man and 1st man facing 2nd woman.

9 – 16 1st and 2nd couples dance a reel of four across. 1st couple pass right shoulder to finish facing first corners.

17 – 24 1st couple turn corners and partner to finish back to back between 3rd couple. (1st woman facing 3rd man and 1st man facing 3rd woman).

25 – 32 1st and 3rd couples dance a reel of four across, 3rd couple finish in second place and 1st couple meet in the centre between 3rd and 4th couples.

33 – 36 1st couple turn with left hand and cast off on own side. 4th couple step up on bars 35–36.

37 – 40 1st couple turn with right hand.

Repeat from new positions.

Devised by James B. Cosh.

Original tune: Six-Twenty Two Step by Sir Jimmy Shand M.B.E.

Source: Twenty-Two Scottish Country Dances and Two Others.

Video: New Abbey

New Abbey

Roy Goldring, Graded and Social Dances 2

32 bar strathspey for 2 couples

1–4 First couple dance in, touch nearer hands as they face the top and cast off one place. Second couple step up on bars 3–4.

5–8 First couple dance a half figure of eight around second couple, crossing up to begin.

9–16 Ladies chain. All finish in the sidelines, second man facing first woman and second woman facing first man.

17–18 All set.

19–20 All set to partner.

21–24 First couple dance a half figure of eight, crossing up to begin.

25–32 Second and first couples dance right hands across and back with left hands.

Repeat having passed a couple.

Tune: – Dunie Mains – Traditional

Note: This can also be danced as a jig (Tune: – Any good jig)