## Dances for November 17, 2025

## Ardbrae Dancers of Ottawa

Video: The White Heather Jig

## The White Heather Jig

James B. Cosh, RSCDS 30 Popular Dances, Vol. 2 A 40-bar jig for four couples in a four-couple longwise set

- 1-4 1st couple turn with right hand and cast off to second place. 2nd couple step up on bars 3-4.
- 5-8 1st couple turn with left hand one and a half times and finish back to back between 2nd couple, 1st woman facing 2nd man and 1st man facing 2nd woman.
- 9-16 1st and 2nd couples dance a reel of four across. 1st couple pass right shoulder to finish facing first corners.
- 17-24 1st couple turn corners and partner to finish back to back between 3rd couple. (1st woman facing 3rd man and 1st man facing 3rd woman).
- 25-32 1st and 3rd couples dance a reel of four across, 3rd couple finish in second place and 1st couple meet in the centre between 3rd and 4th couples.
- 33 36 1st couple turn with left hand and cast off on own side. 4th couple step up on bars 35-36.
- 37 40 1st couple turn with right hand.

Repeat from new positions.

Devised by James B. Cosh.

Original tune: Six-Twenty Two Step by Sir Jimmy Shand M.B.E.

Source: Twenty-Two Scottish Country Dances and Two Others.

Video: New Abbey

## **New Abbey**

Roy Goldring, Graded and Social Dances 2 32 bar strathspey for 2 couples

1—4 First couple dance in, touch nearer hands as they face the top and cast off one place. Second couple step up on bars 3—4.

5—8 First couple dance a half figure of eight around second couple, crossing up to begin.

9-16 Ladies chain. All finish in the sidelines, second man facing first woman and second woman facing first man.

17-18 All set.

19-20 All set to partner.

21-24 First couple dance a half figure of eight, crossing up to begin.

25-32 Second and first couples dance right hands across and back with left hands.

Repeat having passed a couple.

Tune: - Dunie Mains - Traditional

Note: This can also be danced as a jig (Tune: — Any good jig)