

Dances for July 27

No Videos this week.

Long Frank's Reel

A 32-bar reel for 3 couples in a 4-couple set.

Tune: Frank & June Hewitson

1 – 8 1st, 2nd and 3rd couples dance mirror reels of 3 on the sides. 1st couple begin by crossing down, 2nd couple dance out and up, 3rd couple dance in and up.

9 – 10 1st couple dance down with nearer hands joined and separate onto the opposite side facing down, 2nd couple dance out and up into 1st place.

11 – 12 1st man & 3rd lady turn once round with the right hand while 1st lady & 3rd man turn once round with the left hand. 1st couple face up.

13 – 16 1st man & 2nd lady turn 1 1/2 times with the left hand while 1st lady & 2nd man turn 1 1/2 times with the right hand.

17 – 20 1st couple dance half figure of 8 round 2nd couple, crossing down to begin.

21 – 24 1st & 2nd couples dance right hands across and stay in the middle with partners ready for:-

25 – 32 1st & 2nd couples dance an allepousse. i.e. 1st couple dance a 2 couple allemande into 2nd place while 2nd couple dance a poussette into 1st place.

Repeat having passed a couple.

This dance was devised for Frank Hewitson of Ribble Valley Branch RSCDS who I looked up to since I was in short pants! Frank sadly passed away in 2009, aged 92

Dance devised by David G. Queen 2005

Saxie's Baa, 32J 2C (3C Set)

The Green Lady Book of Scottish Country Dances by Barry Priddey

1-8 1M and 2W dance a figure of eight round partners; to begin they pass each other by the right, dance round partner by the left

then pass each other right again to complete the figure on own sides.

9-16 1C and 2C dance rights and lefts.

17-24 1W and 2M dance a figure of eight round partners; to begin they pass each other by the left, dance round partner by the right

then pass each other left again to complete the figure on own sides.

25-32 1C and 2C dance the Knot progression.