

Dances for February 29, 2016

Video: Castle Douglas

CASTLE DOUGLAS

12 More Social Dances by Roy Goldring, 1993

32-bar strathspey for 3 couples

1–4 First couple dance in towards each other and cast off one place. They meet in the centre of the dance facing second woman, nearer hands joined. Second couple step up on bars 3 – 4.

5–6 First couple set to second woman moving to the left on bar 6.

7–8 First couple set to second man. On bar 8, the first couple again move to the left to face the men's side of the dance.

9–12 First woman dances right hands across with second couple; first man dances left hands across with third couple. On bar 12, first woman turns right about and first man turns left about to face each other up and down the dance.

13–16 First couple set and turn with both hands to finish facing third man, nearer hands joined.

17–20 Similar to bars 5 – 8. First couple set to third man and third woman and finish facing the women's side of the dance.

21–24 First man dances left hands across with second couple; first woman dances right hands across with third couple. On bar 24, first man turns left about and first woman turns right about to face each other up and down the dance.

25–28 First couple set and dance a petronella turn to second place on own side.

29–32 Second, first and third couples turn partners once round with both hands.

Repeat having passed a couple.

Video: Celtic Cross

THE CELTIC CROSS

The Carnforth Collection of Scottish Country Dances devised by
Derek Haynes

4 x 48 bar Reel, Square set

1–4 All four women dance right hands across once round; at the same time the men dance anti-clockwise half-way round the outside.

5–8 Retaining right hands, women give left hands to the opposite man, (1W & 3M, 2W & 4M, 3W & 1M, 4W & 2M). All set, then half-turn, left hands, to bring the men into the centre, women to the outside.

9–12 Men dance right hands across once round while the women dance anti-clockwise half-way round the outside.

13–16 Retaining right hands, the men give left hands to partners. All set then quarter turn, left hands, onto the side opposite original places.

17–24 1st and 3rd couples advance (2 steps), retire (2 steps); then dance half rights and lefts.

25–32 2nd and 4th couples repeat bars 17-24.

33–40 All set to partners and turn them right hand; set to corners then turn them three-quarters, right hand, into promenade hold.

41–48 Men promenade their corners once round anti-clockwise. Men finish in their original places with their new partner.

Repeat, with new partners.

Tune: St Columba's Sword. Trad.