## A return to dancing

I missed posting the dances for the past couple of weeks. Just a shock to be back in the thick of it after the new year.

Anyway, for the month of January we will be focusing on dances for the Ardbrae Ball and the Welcome dance on the Friday before the ball. For details on the ball and welcome dance please see the Ardbrae web site.

Dances taught on Monday, January 3:
From the Ardbrae Ball:
The Jubilee Jig
RSCDS Leaflets
32 bar jig for 3 couples
Music
Description
1-2 1st man casts off one place. 2nd man steps up.
3-8 1st man and 3rd woman set and turn with right hands to places.

9-10 1st woman casts off one place. 2nd woman steps up.
11 - 16 1st woman and 3rd man set and turn with left hands to places.

17 - $20 \quad$ 1st woman dances right hands across with 2nd couple, while lst man dances right hands across with 3rd couple, lst couple finish in the centre, with left hands joined, facing the opposite side. (Fig.).

21-24 1st couple set and dance out to opposite side.
25 - 28 1st man dances right hands across with 2nd couple, while 1st woman dances right hands across with 3rd couple. 1st couple finish in the centre with left hands joined, facing own side.

## TACNotes:'

3-4 Emphasize that lst man stays on the sidelines as he sets to 3rd woman.
24 1st cpl flow through 2nd position on the side, before entry into RH across on bar 25.
32 1st man may finish facing out to flow on into his cast on bars 1-2 of the repetition.

From the welcome dance
The Fiddler's Wife
(32 bar strathspey for three couples)
Bars
Description
1-4 1st couple set and cast off one place as 2nd couple step up.
5-8 1st couple dance a half figure of eight round 2nd couple.

9-16 2nd and 1st couples dance a ladies' chain.
17 - 20 1st couple dance a half figure of eight round 3rd couple.
21-24 2nd, 1st and 3rd couples turn partners with the right hand once round to finish in promenade hold, in the middle, facing up.

25-32 2nd, 1st and 3rd couples dance a promenade.
Repeat, having passed a couple.
From the welcome dance
THE COANWOOD STUARTS
24 GRADED and SOCIAL DANCES, Devised by Roy Goldring, Leeds Branch R.S.C.D.S.
32 bar jig for 4 couples

Bars
1 - 8 First man, followed by second and third men, dances across, down behind the first three women, across and up to place.

9 - $16 \quad$ First, second and third couples turn partners once round with right hands and once round with left hands.

17-24 First woman, followed by second and third women, dances across, down behind the first three men, across and up to place.

25-28 All four couples advance and retire.
29-32 First couple cast off to fourth place. Second, third and fourth couples step up on bars 31-32.

Repeat from new positions.
Recommended tune:- The Nightcap (Trad.)
Dances For Januar 10, 2010
From the Welcome Dance
CABBAGES AND KINGS
Scottish Country Dances from THE HARBOUR CITY
A 32 bar jig for 3 couples in a 4 -couple longwise set.
1-8 1st and 2nd couples dance right and left.
9 - 16 1st couple lead down the middle for three steps, lead back up forthree steps and cast off one place on own side.2nd couple move up on bars 15 and 16.

17 - 20 1st couple turn 1st corners once round with right hands.lst couple return to own side in second place.

21-24 1st couple turn 2nd corners once round with left hands.1st couple return to own side in second place.

25 - 28 1st man with 3 rd couple and 1 st woman with 2 nd couple dance right hands across.

29-32 1st man with 2nd couple and 1st woman with 3rd couple dance left hands across.

Repeat having passed a couple.
"Cabbages and Kings" was devised by Romaine Butterfield.
From the Ardbrae Ball
The Silver Tassie
Leaflet - No. 1
Devised by John Drewry
(Strathspey)
MUSIC

## DESCRIPTION

Bars
1-4 1st, 2nd and 3rd couples, giving right hands to partners, cross over and joining hands on the sides, set.

5-8 Repeat bars 1-4.
9 - $16 \quad$ 1st couple dance a figure of eight round $2 n d$ couple, who stand still. 1st couple dance down between 2nd couple, crossing over, to begin the figure. 3rd couple also dance a figure of eight round 2nd couple, beginning by casting up to top place, then dancing down crossing over.

17 - 24 1st couple, followed by 2nd and 3rd couples, dance down the middle for four steps. 1st couple dance up the middle, while 2nd and 3rd couples divide to allow 1st couple through. 2nd couple meet and dance up between 3rd couple, who then meet and dance up.

25-32 1st and 2nd couple Rondel, i.e.
25 1st couple dance down under the arch made by 2nd couple, who dance up.

26-27 2nd and 1st women cross in front of partners, then all cast to meet the other woman or man on the opposite sides and join nearer hands.

282 2nd and 1st women and at the same time 2nd and 1st men cross to own sides, the women passing under the arch
made by the men.
29-30 1st man and 1st woman cross in front of 2nd man and $2 n d$ woman, then all cast to meet partners in original places as in bar 25.

31-32 1st couple dance under the arch made by 2nd couple and all dance out to own sides, having changed places.

Repeat, having passed a couple.

The Manual of Scottish Country Dancing:
Bars 17 - 24 1st, 2nd and 3rd couples give nearer hands throughout, i.e. they dance down and dance up.

TACNotes:'
17-24 Note use of word "dance", i.e. all 3 cpls use nearer hands, down and up.

