

Dances for October 1, 2018

Video: [Alltshellach](#)

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Alltshellach

Book 23 – No. 2

32-bar strathspey for two couples in a four-couple longwise set

1 – 4 1st and 2nd couples set to partners and, giving both hands, turn once round to finish in a diagonal line with 1st woman and 2nd man back to back.

5 – 8 1st and 2nd couples dance a half poussette finishing in the middle of the set facing down.

9 – 16 1st couple, followed by 2nd couple, lead down. On bar 12, 1st couple turn towards each other and lead up. 2nd couple divide and meet to follow 1st couple to finish in original places.

17 – 24 1st and 2nd couples dance a reel of four across the set, 1st woman and 2nd man passing by the left to begin.

25 – 32 1st and 2nd couples dance a tourn e.

Repeat, having passed a couple.

Devised by Elizabeth D Gilroy, East Lothian Branch.

Tune: Alltshellach (Violet J C Palmer)

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TACNotes:'

23-24 2nd man passes through 1st man's position & dances in & down, passing 1st man R shoulder, curving round into 2nd place. Similarly, 1st woman passes through 2nd woman's

position & dances in & up, passing 2nd woman R shoulder, & casting into place.

25-32 Bars 2, 3 & 4 of tourn e are continuous (with promenade hold) to finish bar 28 with men facing women's side & women facing men's side, in a line in the middle of set, partners with nearer hands joined.

Video: [THE PIPER AND THE PENGUIN](#)

No. 6 – THE PIPER AND THE PENGUIN

The Scotia Suite of Scottish Country Dances devised by Roy Goldring

(Reel for Four Couples in a Square Set)

Bars Description

1 – 4 The women dance round their corners, passing in front of them to begin.

5 – 8 The women dance right hands across and remain in the centre.

9 – 12 The women dance round their partners, passing in front of them to begin.

13 – 16 The women dance left hands across and finish in original places.

17 – 32 The men repeat bars 1–16, but dance in front of partners before dancing right hands across, and in front of their corners before dancing left hands across.

33 – 36 1st and 3rd couples, giving right hands, turn partners one and a quarter times.

37 – 40 1st man, followed by his partner, dances between 4th couple and cast back to place. Similarly, 3rd couple dance between 2nd couple and cast back to place.

41 – 48 1st and 3rd couple dance rights and lefts.

49 – 64 2nd and 4th couples repeat bars 33–48, 2nd couple dancing between 1st couple and 4th couple dancing between 3rd couple.

65 – 72 The women dance in and pull back right shoulders (2 bars), dance out (2 bars), and cast clockwise half way round the set to opposite woman's place.

73 – 80 The men repeat bars 65–72, but pull back left shoulders at the end of bar 74, and cast anticlockwise.

81 – 84 All turn partners with the right hand, just over once round, to finish in promenade hold facing anticlockwise.

85 – 88 All promenade halfway round the set. On bar 87, all release right hands and the men lead their partners to original places ready for the bow and curtsy.

Video: [THE THISTLE AND THE COLUMBINE](#)

THE THISTLE AND THE COLUMBINE

8 x 32 Jig

1 – 8 1st couple set and cast off one place, 2nd couple step up on bars 3 and 4. 1st woman with 2nd couple and 1st man with 3rd couple dance right hands across once round, the first couple finish facing their first corners.

9 – 16 1st couple dance the track of a reel of four to finish back to back in the center of the dance in second place facing their own sides WHILST 2nd and 3rd couples dance rights and lefts.

17 – 24 2nd, 1st and 3rd couples dance double triangles, the 1st couple finishing in the centre of the dance facing down on their own side with nearer hands joined.

25 – 32 1st couple with nearer hands joined dance down between 3rd couple, cast up one place to meet in the centre of the dance facing up and with nearer hands joined dance up between the 2nd couple and cast off one place.

This dance was devised by Miss Janet Renton in August 2007 for a forthcoming visit to Colorado, USA. The dance was named after the emblem of Scotland and the Columbine flower which is the State flower of Colorado, USA.