

Dances for July 17, 2014

The Double Dragon

32bar Reel for 3 couples – Bob McMurtry, Dragon Fly

1-8 1st couple dance a figure of eight on own sides, begin by dancing down between the 2nd couple.

9-16 1st couple lead down the middle and back, 2nd couple step in on bar 16

17-24 1st and 2nd couples dance an Allemande.

25-32 2nd, 1st and 3rd couples dance a mirror reel of three on the sides. 1st couple begin by dancing between the 3rd couple.

Untitled Dance

32 bar reel for 3 couples, Craig Williams

1-8 1st couple turn with the right hand and stay together right hands joined facing down. 1st couple lead down, cross over and cast up around 3rd couple to 2nd place and dance in to finish back to back facing 1st corners. 2nd couple step up on 3 & 4

9-16 1st couple set to corners and partner. Finish by pulling back right shoulder to face 2nd corner

17-20 1st couple & 2nd corners dance a 1/2 reel of four, at the end 1st couple give left hands to turn to face 1st corners

21-24 1st couple & 1st corners dnace a 1/2 reel of four at the end 1st couple give left hands to turn to 2nd place on own side

25-28 3rd, 1st and 2nd couples chase clockwise 1/2 way round the set

29-32 1st couple turn 1 1/2 times with right hand.

The Hypochondriac's Delight

A 32 Bar Strathspey for Three Couples

Devised by Claudette Sigg, California Gold

1-6 1st couple cast into 2nd place, while 2nd couple step up. 1st couple dances a half figure of eight around 2nd couple, crossing up to begin and finishing in 2nd place on opposite sides of the dance.

7-8 1st couple dance around each other by the left shoulder, ending facing 1st corner

9-16 1st couple set to corners and partner, and finish back to back in the center of the dance facing 2nd corners

17-20 Giving right shoulder to 2nd corners, 1st couple dance a half reel of three on the side of the dance with their corners

21-24 While corners continue the reel of three on the side, 1st lady crosses up into 1st place on the ladies' side of the dance and 1st man crosses down into 3rd place in men's side of the dance; lady casts down and man casts up into second place on their own sides of the dance, thus completing the second half of the reel

25-28 1st couple dance back to back while 2nd and 3rd couples set twice

29-32 1st couple sets twice while 2nd and 3rd couple dance back to back.

Dancing with Deirdre

32 bar Jig for 2 couples – Bob McMurtry, Dragonfly

1-6 1st woman casts off one place, dances below 2nd couple, across to opposite side, casts up round 2nd man, to end in the middle, behind partner, facing women's side. Meanwhile 1st man dances down between the 2nd couple, casts right round 2nd man, to end at the top in the middle facing woman's side of

the dance, his partner behind him

7-8 1st couple set, turning to face down, ending in promenade hold on the last step.

9-16 1st couple dance a reel of three across the dance with the 2nd couple. 1st couple begins by passing left shoulders with 2nd woman and end in the middle, top place, facing down.

17-20 1st couple, releasing hands, dance between the 2nd couple and cast up one place to partner's side.

21-24 1st couple dance a half figure of eight between the 2nd couple, ending in the middle with both hands joined, 2nd couple step in on the last bar joining both hands.

25-32 1st and 2nd couple dance a poussette