

Dances for October 30, 2023

No Video

Ardbrae Angels

A 32-bar reel for 3 couples in a 4 couple longwise set

Elaine Hoag

Suggested music: Thistle House Live, Track #13 ("The King's Rant")

1-8 1s+2s+3s dance Mirror Reels of 3 (1s dance in and down to begin)

9-16 1s+2s+3s dance a Crossover Reel of 3 (1s cross over to 2nd place opposite side to begin; 2s and 3s continue to reel on their own side). 1s finish the reel facing their own 1st corner while 2s accelerate at the end of the reel to finish at the top

17-24 "Interrupted Hello-Goodbye Setting" (1s finish in 2nd place own side)

17-18 1s+1st corners set, 1s finishing between corners facing partner

19-20 1s turn each other $\frac{3}{4}$ RH to face 2nd corner

21-22 1s+2nd corners set, 1W finishing between 3s, 1M between 2s 23-24 1s turn each other $\frac{3}{4}$ RH to 2nd place own side

25-32 Six hands round and back

After the 2nd repetition, dancing couple steps to the bottom as 4th couple dances in and up to begin the Mirror Reel of 3

** In the dance world, "angels" are individuals who are especially active in supporting dance groups and encouraging new dancers.

First danced at Ardbrae's Spring Social on March 29th, 2020. Dedicated to all of Ardbrae's "dance angels," but especially

to Deborah Connors and Guy Quesnel who have cheerfully supported the Ardbrae Scottish Country Dancers of Ottawa in countless ways for many years, and who celebrate birthdays on March 28th and 29th respectively.

Video: Up in the Air

Up in the Air

RSCDS Book 20 – No. 2

32-bar strathspey for three couples in a four-couple longwise set

1 – 8 1st couple cast off, dance down behind own lines and cast up to original places. On bar 8, 1st , 2nd and 3rd couples dance in to meet partners and face up.

9 – 16 1st, 2nd and 3rd couples dance a promenade. On bars 15-16, 1st couple cast off one place to finish facing first corners while 2nd couple dance up to first place.

17 – 20 1st couple set to first corners and then to second corners, finishing between them.

21 – 24 2nd, 1st and 3rd couples dance six hands once round to the left.

25 – 28 2nd, 1st and 3rd couples advance and retire.

29 – 32 2nd, 1st and 3rd couples, giving both hands, turn partners to own sides, 1st couple turning one and a half times.

Repeat, having passed a couple.

W Boag: A Collection of Favourite Reels & Strathspeys by the Most Eminent Composers, 1797.

Original tune: Sir George Clark of Pennycuik (Nathaniel Gow)

The Manual of Scottish Country Dancing:

Bar 20 1st couple, pulling back right shoulder, turn between corners ready to begin the circle.

TACNotes:'

8 All 3 cpls dance into position for promenade (2nd & 3rd cpls, L foot).

20 1st cpl use last setting step to turn R about into sidelines.