

# Dances for January 29, 2024

No Video

## **Ardbrae Angels**

a 32-bar reel for 3 couples in a 4 couple longwise set

Elaine Hoag

1-8 1s+2s+3s dance Mirror Reels of 3 (1s dance in and down to begin)

9-16 1s+2s+3s dance a Crossover Reel of 3 (1s cross over to 2nd place opposite side to begin; 2s and 3s continue to reel on their own side). 1s finish the reel facing their own 1st corner while 2s accelerate at the end of the reel to finish at the top

17-24 "Interrupted Hello-Goodbye Setting" (1s finish in 2nd place own side)

17-18 1s+1st corners set, 1s finishing between corners facing partner

19-20 1s turn each other  $\frac{3}{4}$  RH to face 2nd corner

21-22 1s+2nd corners set, 1W finishing between 3s, 1M between 2s

23-24 1s turn each other  $\frac{3}{4}$  RH to 2nd place own side

25-32 Six hands round and back

After the 2nd repetition, dancing couple steps to the bottom as 4th couple dances in and up to begin the Mirror Reel of 3

\*\* In the dance world, "angels" are individuals who are especially active in supporting dance groups and encouraging new dancers.

First danced at Ardbrae's Spring Social on March 29th, 2020. Dedicated to all of Ardbrae's "dance angels," but especially to Deborah Connors and Guy Quesnel who have cheerfully

supported the Ardbrae Scottish Country Dancers of Ottawa in countless ways for many years, and who celebrate birthdays on March 28th and 29th respectively.

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Video: The Braes of Breadalbane

### **The Braes of Breadalbane**

RSCDS Book 21. – No. 7.

(Strathspey.)

1 – 4 First couple turn with right hand and cast off one place. Second couple move up.

5 – 8 First couple turn with left hand, the woman casts up, and the man casts down to finish three and three across the dance.

9 – 12 First, second and third couples set twice.

13 – 16 First woman casts down while first man casts up. They turn each other with right hand and finish three and three on own side of dance.

17 – 20 First, second and third couples set twice.

21 – 24 All three couples turn partners with both hands and return to places.

25 – 32 First and second couples dance right and left across and back.

Repeat, having passed a couple.

Tune – The Braes of Breadalbane.

Skillern, 1795.

TACNotes:'

12 1st cpl turn R about, ready to cast.